



Riverside Review

Volume 2026 Issue 10 October 2026

Rainier Senior Center Hours: 9:30 am to 2:00 pm

Gift Shoppe Hours: 10:00 am-2:00 pm

Monday through Friday

Phone: 503-556-3889

Web: RainierSeniors.com

48 W 7th Street, Rainier, OR 97048

E-mail: RainierSeniorC@gmail.com



Come meet the 2 newest members of our museum family! Steam Donkey is keeping Oly company outside and is an authentic piece of logging equipment from the late 19th-early 20th century! Our incredibly detailed working model sawmill, complete with wigwam burner, brings the work of a saw mill to life. These and other exhibits are on display Fridays and Saturdays noon-4. Free Admission. 700 West A St.



OCTOBER 17TH GOLDEN HARVEST LIVE AND SILENT AUCTION

There are 8 chairs available at a
Member Table. **\$50 per chair**

Reservation includes Dinner:

Your choice Salmon or Chicken Cordon Bleu
Wine & sparkling cider available to
purchase. \$5 @ glass, Beer \$3 can.

Raffle

503-556-3889 – Jan or Rachel
Reservations by Oct. 8th

2026-2027

Board Members

President: **Jan Rich**

Vice-President: **Marcia Roberts**

Secretary: **Dennis OBrien**

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and Suzy Gilman**

Multi-Media: **Denise Watson**

Newsletter Editor: **Beth Bailey**

Newsletter Associate: **Dorothy Gillhoover**

ARTIST FOR MONTH OF OCTOBER

Wendy our chef/artist will be displaying some of her art this month. As you will see, Wendy has an eye for unobserved photo close-ups which many of us miss. She is displaying some of her favorites from the hundreds she has snapped over the years. Please enjoy her collection during the month.

Thank you for sharing your talents, Wendy.

HALLOWEEN OCTOBER 30

This year we are having a Halloween
'Fashion' Preview!

Come as your best 'Freaky' self, and at 11:45 (so stomachs have time to adjust a little before lunch!), be prepared to parade among the dining room tables to bring a fun festive feel, and show off your 'creepy' creative abilities!

(Please! - No real blood -
to all you vampires out there!)



A BOTTLE DROP CHALLENGE!

We have set a goal of \$20,000 through the rest of the year and you can watch the progress on the Bottle Drop Thermometer poster.

The Bottle Drop is very important to the Center and is one of the best fundraising options we have. It is amazing how fast the nickles and dimes add up.

Please join in by grabbing any cans you might run into while out-and-about and be sure to remember to bring in your own recyclable cans.

THANKS for helping us get to our goal.



Columbia River Maritime Museum **PERSONAL FLOTATION DEVICES**

There are many varieties of personal flotation devices today whose earliest forms were invented hundreds of years ago. In this presentation, CRMM Educator Julia Triezenberg and Registrar Meg Glazier-Anderson will discuss the evolution of personal flotation devices and highlight surprising stories that have cemented their legacy in maritime history.

Celebrate Public Power Week with Us

Public Power Week is October 4-10, and Columbia River PUD wants to celebrate with you!

Please join CRPUD for its annual Customer Appreciation Dinner at the Columbia County Fairgrounds on Tuesday, October 6, at 5:30 p.m. The PUD will be serving spaghetti, salad, and breadsticks prepared by the Warren Grange.

Tickets are free for CRPUD customers and are limited to 500. You can pick up your ticket at the PUD office in Deer Island.

The winning ticket for the PUD's GLOW Quilt Raffle will be drawn at the dinner as well. You do not need to be present to win. The quilt was donated by the Columbia River Piecemakers quilt Guild with all funds going to the PUD's GLOW Fund.

Public Power Week is an annual celebration of the safe, reliable, and affordable electric service provided by not-for-profit electric utilities like CRPUD throughout the country.



October 2026 Menu

Monday	Tuesday	Wednesday	Thursday	Friday
28 Lentil Stew w/Italian Sausage Cheese Sticks Tuscan Veggies Apple/Orange wedges	29 Navy Bean Soup Egg Salad Sandwiches WW Bread Peaches V-no meat Option	30 Chef Salad Meat, cheese, egg, Veggies V-no meat Option	1 Pork Roast W/Gravy Potatoes, carrots, Rolls	2 Pasties Meat & Potatoes Green Beans Garden Salad
5 Pork Roast & Gravy Baked Yams Cauliflower / Broccoli Cranberry sauce Rolls	6 French Dip Au Jus Spinach Salad Fruit	7 Cabbage Casserole Baked Potatoes Veggies Apricots	8 Minestrone Soup Crustless Spinach Quiche Bean Salad Pears	9 Turkey Sausage & Potato Scramble Cinnamon Applesauce Muffins Fruit
12 Meat Loaf Seasoned New Potatoes Vegetables Strawberries with yogurt	13 Tuna Noodle Casserole Peas Broccoli Normandy Fruit Salad V ;Option	14 Porcupine Turkey Burgers Bun Baked Sweet Potato Coleslaw Mandarin Oranges	15 Home Made Chicken Noodle Soup Grilled Cheese Sandwich Fruit	16 Tilapia Parmesan Rice Pilaf w/Mushrooms Sauteed Zucchini Fruit Salad
19 Taco Salad Tortilla Chips Refried Beans Fruit Mix	20 Breakfast Burrito Egg /sausage/Cheese Flour Tortilla Hash browns Oranges	21 Baked Ziti Spinach w/ Chick Peas Mixed Green Salad Pears V; Option	22 Three Bean Stew Turkey salad Bread Pineapple slices	23 California Chicken Garden Salad Zucchini Casserole Berries w/ Yogurt
26 <u>Chefs Choice</u> Chicken Fried St. Mashed Potatoes Country Gravy Veggies Green Salad	27 Chefs Salad Turkey, Ham, Beans Raw Veggies Sliced Peaches V: no meat Option	28 BBQ Pork sandwich Kaiser Roll Veggies Coleslaw Orange Wedges	29 Club Sandwich on a Hogie Navy Bean Soup Carrot Raisin Salad Jello -Fruit Cocktail	30 Spaghetti w/meat sauce Pasta Green Beans Romaine Salad Apple Slices Garlic Bread

Arrival time for congregate meal needs to be 11:45 or earlier.

Homemade Soups

Rainier Senior Center Lunch Menu

503-556-3889

www.RainierSeniors.com

All to go meal orders need to be in no later than 9:00 am. Menu is subject to change without notice.

Lunch \$10 Over 60 \$7 donation

October Events

			1 Breakfast 8:30-9:45 am Pinochle 1 pm	2  Guy & Mary Chair Exercise 10-11 am Line Dancing - 1 PM
5  Boursaw Group Blood Pressure 11 am to Noon Hooks & Needles 1pm-2:30 pm BINGO - 2PM Chair Exercise 10-11 am Apple User Group 1 pm	6 Breakfast 8:30-9:45 am Michael Leipzig Schultz Financial Insurance 10am	7 Breakfast 8:30-9:45 am Chair Exercise 10-11 am Hand & Foot Game 1 PM	8  Nehemiah Brown Breakfast 8:30-9:45 am Pinochle 1 pm	9  Bo Obney Chair Exercise 10-11 am Line Dancing - 1 pm
12  Boursaw Group Blood Pressure 11 am to Noon Hooks & Needles 1pm-2:30 pm BINGO - 2PM Chair Exercise 10-11 am Apple User Group 1 pm Kaiser Insurance- 9-12	13 Breakfast 8:30-9:45 am Bunco 2 pm	14  Marsha Akery Breakfast 8:30-9:45 am Chair Exercise 10-11 am Hand & Foot Game 1 PM	15  Bo Obney Breakfast 8:30-9:45 am Pinochle 1:00pm	16  Music by Guy & Mary Chair Exercise 10-11 am Line Dancing - 1 pm 17 Golden Harvest Auction
19  Boursaw Group Blood Pressure 11 am to Noon Chair Exercise 10-11 am Hooks & Needles 1pm-2:30 pm BINGO- 2 PM	20 Breakfast 8:30-9:45 am Coffee and Canvas canceled	21  Bo Obney Breakfast 8:30-9:45 am Foot Care 9-2:30 Chair Exercise 10-11 am Hand & Foot Game 1 PM	22 Breakfast 8:30-9:45 am Pinochle 1 pm	23  Boursaw Group Chair Exercise 10-11 am Line Dancing - 1 pm Susannah's Supper Methodist Church 6 pm
26  Boursaw Group Blood Pressure 11 am to Noon Chair Exercise 10-11 am Hooks & Needles 1pm-2:30 pm BINGO- 2 PM	27 Breakfast 8:30-9:45 am	28  Nehemiah Brown Breakfast 8:30-9:45 am Foot Care 9-2:30 Chair Exercise 10-11 am Hand & Foot Game 1 PM	29  Bo Obney Breakfast 8:30-9:45 am Pinochle 1 pm	30  Boursaw Group Chair Exercise 10-11 am Line Dancing - 1 pm CRMM - 1 PM Halloween Costume Parade

Meals Served for August : 1100

Volunteer Hours: 566



Happy Birthday to our October Birthday Members

Birthday Flower: Cosmos Birthstone: Opal
 Birthday is not listed or wrong, please contact the reception desk

- | | |
|--------------------------|--------------------------|
| 10/3 Larita Edwards | 10/12 Tunie Betschart |
| 10/5 Debra Hurt | 10/12 Marjorie Prosser |
| 10/6 Charlotte Houghtlen | 10/13 Ruth Mather |
| 10/7 Suzanne Gilman | 10/15 Carla Smith-Castle |
| 10/8 Shirley Heisinger | 10/18 Melanie Miller |
| 10/9 Gail Bonser | 10/27 Alice Gault |
| 10/10 Judy Colt | 10/27 Tonya Higgins |



For October we are honoring Dennis O'Brien

Dennis has spent his whole life rumbling around the hills of Rainier; growing up, going to school, and as an adult becoming active in community activities such as Little League, City Planning Commission and Columbia County Board of Realtors. For the last two years he has volunteered at the Rainier Senior Center keeping his family involvement going. Dennis is Secretary of the Rainier Senior Center Board and is very active in the planning and success of our fund-raising auctions.

Dennis says he loves being busy, but when he has some spare time you might find him on the water boating or taking in the sun on a beach somewhere. He has traveled to Honduras and Mexico and would love to do more traveling. At home he is entertained by 3 dogs; a mini Aussie-doodle, a Pug and a Lab-Blue Heeler! Dennis is very industrious, and we are grateful, with all his activities, that he has found time to become a valuable volunteer at the Rainier Senior Center. THANK YOU, Dennis.



Rainier Apple User Group
Monday, October 5 at 1pm
 for anyone wanting to become more familiar
 with the Apple operating system.
Learn * Connect * Discover

HOLIDAY BAZAAR
NOVEMBER 7TH
 Rainier Riverfront Center
 48 W 7th St Rainier, Oregon
 Many Vendors under one roof
Tables \$25
 503-369-6382 to reserve
 Kitchen serving
 Homemade Beef Stew \$10

October Events

LINE DANCING with Sue Gibson Hosting

Free - Fridays

1 pm

Chair Exercise

Mondays, Wednesdays and Fridays

at 10-11 am

Scot will be instructing.

Every Wednesday

Card Games at 1pm - Hand & Foot

Every Thursday

Card Games at 1pm - Pinochle

CRMM Presentation

Personal Flotation Devices

October 30

at 1 pm

BUNCO- 1st and 3rd Tuesday 2 PM

Coffee & Canvas canceled for October.

Watch for confirmation for next month



**Become a Member
of the
Rainier Senior Center**

Want to get in on the fun? Want to meet others with like interests? Join us for the events, activities, breakfast, or lunch and live music. Shop in our Gift Shoppe. No age requirement. Sign up today and begin receiving our monthly newsletter so you can plan to join us. 503-556-3889 for information.

Individuals- \$20

Couples- \$35



YEAR-TO-DATE BOTTLE DROP UPDATE:

To date we have collected \$11,500

We have a goal of \$20,000 for year 2026

so that means, your help is appreciated and needed. Those cans and bottles are a big source of income for the Center. When you see any laying around – grab them and bring them in! It is amazing how quickly the nickles and dimes add up!

Keep bringing in those bottles and cans.

Thank You for your help.

YOO-HOO!

Where are all those cans?

ONLY 3 months to meet our goal!

Bottle Drop needs your help!

SENSORY COOKING By Scott Cooper

If you are bothered by the loss of taste or smell, Scott Cooper has put together a cookbook for just that problem!

Sensory Cooking is an introduction book to solutions for this condition

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503-543-3844



P O Box 216, Clatskanie, OR 97016
503-728-2163
Open Monday through Thursday
7 am-5:30 pm

Rainier City Library

Free computer use, books, videos, free access to online book and audio books. Free library cards to anyone residing within the Rainier School District or 97048 zip code. Closed Sun & Mon. Open Tues & Thursday 9-5; Wed & Fri. 10:30-5; Sat 10:30-4. Upstairs in City Hall.

Hope of Rainier Food Pantry

Open Mon and Wed 10-4. Last Sat of every month 10-12. Other services - firewood, energy assistance, housing assistance, etc may be available. Go to www.hopeofrainier.com for details. Income guidelines on the Hope of Rainier facebook page.



Help Our
Nutritional Program
by donating
your Oregon
Recyclables
to the Center

FOOT CARE
by Connie Goudy RN
9 am-2:30 pm
Schedule for every
2nd & 4th Wednesday
\$40

For Appointment 508-301-5807
Appointments are scheduled as needed
on 2nd and 4th Wednesdays.

Coming in November

Holiday Bazaar

November 7

Michael Leipzig Insurance

10am November 10

503-543-3844

to schedule appointment

Kaiser Permanente Insurance

9 to 12 November 18

CRMM

November 20

USS Astoria

CAPLES
COMMUNITY
ARTISAN BAZAAR
CAPLES HOUSE MUSEUM
1925 FIRST ST, COLUMBIA CITY

- Unique arts and crafts
- Wide Variety
- Concessions

FRI -SAT,
OCT 9TH &
10TH
10AM-4PM

Free lunch for
First Responders, Active
Military, and Veterans
on Saturday
in commemoration of
the 25TH anniversary of
9/11.

Thank you
for your service!

- Raffles
- Free Books
- Great fun!

Museum
Tours
11:00 &
1:00, \$5

- Free parking & admission

For more information:
dar.rebeccataylor@gmail.com

Proudly Hosted By:  **DAR**
Daughters of the American Revolution

Bertucci Chocolates
Black Buggy
Belkin Electronics
Canterbury Inn
Capstone Cellars
City of Rainier
Columbia Bake House
Columbia Food Bank
Columbia River Maritime Museum
Cornerstone Cafe

Country Financial/M-Z Collectibles
Deer Island Grange
Delaware Plaza
Deli & Mart
Deli Store More
Dog Zone
Eagles
El Tapatio

Elevate Coffee & Decor
Fast Lube
Feral Cat Program
Flowers & Fluff
Fred Meyer
2C Vendor Mall

Fultanos
Grocery Outlet
Home Town Pizza
Home Depot
InRoads
Kozy Korner
Longview Country Club
Lowe's
Matt's Meats
Means Nursery

Miracle Ear
Nys Tree Farm
Ol' Pastime Tavern
Oregon Hill Farms
Pour House
Rainier Liquor Store
Rainier Oregon Historical Museum
Rightline Equipment

Safeway
Serenity Springs
Sternwheeler
Titan Trees
United Way
Upper Cut



"A Great Place...For Great People"

***Rainier Senior Center
48 West 7th Street
Rainier, OR 97048***