



# Riverside Review

Volume 2026      Issue 4      April 2026

**Rainier Senior Center Hours: 9:30 am to 2:00 pm**

**Gift Shoppe Hours: 10:00 am-2:00 pm**

**Monday through Friday**

**Phone: 503-556-3889**

**48 W 7th Street, Rainier, OR 97048**  
**E-mail: RainierSeniorC@gmail.com**

**Web: RainierSeniors.com**

## ST. PATRICK DAY RAFFLE

The St. Patrick Day Raffle and lunch was again much enjoyed. Eighty delicious lunches were served and the raffle items numbered 62. The suspense was tense as numbers were drawn and donated items were distributed to the winners.

**The raffle brought in \$1833 for our Meal Program.**

A very BIG THANK YOU to all contributors and folks that bought tickets who made the raffle a success.

### THE BIG WINNER

**Carma Harrell**

**won the Lottery Board at the St. Patrick Day Raffle**

**The Lottery Board tickets amounted to a \$66 win for Carma.**  
 (Shown Below)

**2025-2026**  
**Board Members**

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President: *Jan Rich*  
 Vice-President: *Marcia Roberts*  
 Secretary: *Dennis OBrien*  
 Treasurer: *Rachel Kelley*  
 At Large: *Marilyn Tift, Clint Kelley and Keith Ekstrom*  
 Multi-Media: *Denise Watson*  
 Newsletter Editor: *Beth Bailey*  
 Newsletter Associate: *Dorothy Gillhoover*

## RAINIER EAGLES EASTER EGG HUNT

**Eagles Easter Egg Hunt**

**April 4**

**starts at 10 am**

**located at River Front Park**

**Sponsored by the Rainier Eagles**



Illustration by Pixby artist- IdeaTiver-TLM



## OVERCOMERS OUTREACH

will be holding meetings at the Rainier Riverfront Center, (dba Rainier Senior Center), every **Tuesday from 6:00 to 7:30 pm**. They offer a recovery program for those struggling with the disease of substance abuse and hopelessness as well as for those who support them. They offer a 12-step Christian-based program to help provide solutions. They also have meetings in Scappoose and Deer Island.

Ralph Fawcett 360-606-2211 or  
Tom Hagstrom 360-431-0361  
[www.overcomersoutreach.org](http://www.overcomersoutreach.org).  
Everyone welcome!

### Senior Friendship & Loneliness Line

503-200-1633  
800-971-0016  
800-282-7035

[SeniorLonelinessLine.org](http://SeniorLonelinessLine.org)



## Keep Yourself Safe from Scam Attempts

Please be wary of criminals posing as Columbia River PUD employees.

Scammers may call, text, or email you threatening to shut off your power if you don't pay immediately. That is not something CRPUD will do.

The PUD will always make multiple attempts to contact you if your power is scheduled to be disconnected for non-payment.

Do not trust caller ID or recordings. These can be spoofed by scammers.

If you ever receive a phone call of this nature and have any doubt that it's a PUD employee, please hang up the phone and call the PUD directly at (503) 397-1844.

More tips are available at [www.crpud.net/scams](http://www.crpud.net/scams). Please be overly cautious and do not give out any personal information about your PUD account, bank account, or credit card unless you have verified it is a legitimate call.



**COLUMBIA RIVER**  
**PUD**  
A COMMUNITY-OWNED UTILITY

# April Menu 2026

<p><b>Tamale Pie</b> <b>Spiced Apples</b> <b>Steamed Broccoli</b> <b>Garden salad</b></p>	<p><b>Something Yummy</b>  <b>Chefs Choice</b> <b>Homemade Corned</b> <b>beef soup</b></p>	<p><b>1</b> Chicken Broccoli Bake Corn Apricots Roll</p>	<p><b>2</b> <b>Breakfast Sausage</b> <b>Biscuits &amp; Gravy</b> <b>Scrambled Eggs</b> <b>Fruit Salad</b></p>	<p><b>3 Birthday Friday</b> Baked Ham Yams Mixed Green Salad Jello W/ Berries</p>
<p><b>6</b> Hot open faced turkey sandwich Blended Veggies Mashed Potatoes</p>	<p><b>7</b> Taco Salad w/ Spinach &amp; Romaine Tomato, onion, salsa, cheese, meat Tortilla Chips Fruit V; no meat</p>	<p><b>8</b> Spaghetti w/ meat sauce Mixed Veggie Green Salad  V; sauce without Meat</p>	<p><b>9</b> Pulled Pork Sandwich Vegetables German Potato Salad V;cheese sandwich</p>	<p><b>10</b> Macaroni &amp; Cheese w/ Chicken Salad Fruit</p>
<p><b>13</b> Burger Patty Potatoes Gravy Spinach Salad Pears</p>	<p><b>14</b> Sweet &amp; Sour Meatballs Steamed Brown Rice Mixed Veggie Fruit</p>	<p><b>15</b> Clam Chowder Cheese Sandwich Fruit Medley Crackers</p>	<p><b>16</b> Pork Stir fry Rice Chowmein &amp; crunchy noodles</p>	<p><b>17</b> Chicken Fried St. Mashed Potatoes White Gravy</p>
<p><b>20</b> Meatloaf Mashed Potatoes Veggie Salad</p>	<p><b>21</b> Pork Loin Smothered in Mushroom Sauce Potatoes Cottage Cheese &amp; Pineapple</p>	<p><b>22</b> Shrimp Alfredo Noodles Vegetables Rolls</p>	<p><b>23</b> Lentil Stew w/ Italian Sausage Cheese Sticks Fruit Roll</p>	<p><b>24</b> Lasagna Garlic Bread Cottage Cheese Tomato Slices</p>
<p><b>27</b> Minestrone Soup Turkey Sandwich 3Bean Salad Fruit Salad</p>	<p><b>28</b> Chef Salad with all the fixins Bread Sticks</p>	<p><b>29</b> Tater Tot Casserole Salad Veggies</p>	<p><b>30</b> Oven Fried Chicken Mashed Potatoes Gravy Vegetables</p>	<p><b>1</b> Patty Melt Chips grilled onions Veggie Salad Fruit</p>

### Homemade Soups

Rainier Senior Center Lunch Menu

503-556-3889

www.RainierSeniors.com

All to go meal orders need to be in no later than 9:00 am.

Menu is subject to change without notice.

Lunch \$10 Over 60 \$7 donation

Arrival time for congregate meal needs to be 11:45 or earlier.

# April Events

		<b>1</b>  <b>Bo Obney</b> Breakfast 8:30-9:45 am Chair Yoga 10 am Hand & Foot Game 1 PM	<b>2</b> Breakfast 8:30-9:45 am Pinochle 1 pm	<b>3</b>  Music by Guy & Mary Chair Yoga 10 am <b>4</b> Easter Egg Hunt Waterfront Park
<b>6</b>  <b>3 of Us</b> Blood Pressure 11 am to Noon Hooks & Needles 1pm-2:30 pm BINGO- 2 PM	<b>7</b> Breakfast 8:30-9:45 am Overcomers Outreach 6:00-7:30 pm Line Dancing - 4 PM	<b>8</b> Breakfast 8:30-9:45 am Chair Yoga 10 am Hand & Foot Game 1 PM	<b>9</b> Breakfast 8:30-9:45 am Pinochle 1 pm	<b>10</b>  <b>Bo Obney</b> Chair Yoga 10 am
<b>13</b>  <b>3 of Us</b> Blood Pressure 11 am to Noon Hooks & Needles 1pm-2:30 pm BINGO - 2 PM	<b>14</b> Breakfast 8:30-9:45 am Line Dancing - 4 PM Overcomers Outreach 6:00-7:30 pm	<b>15</b> Breakfast 8:30-9:45 am Chair Yoga 10 am Hand & Foot Game 1 PM Membership Meeting 1 pm	<b>16</b> Breakfast 8:30-9:45 am Pinochle 1:00pm	<b>17</b>  Music by Guy & Mary Chair Yoga 10 am Chamber <b>18</b> Spring Bazaar 10-3
<b>20</b>  <b>3 of Us</b> Blood Pressure 11 am to Noon Hooks & Needles 1pm-2:30 pm BINGO- 2 PM	<b>21</b> Breakfast 8:30-9:45 am Line Dancing - 4 PM Overcomers Outreach 6:00-7:30 pm Coffee & Canvas 1 PM	<b>22</b>  <b>Bo Obney</b> Breakfast 8:30-9:45 am Chair Yoga 10 am Hand & Foot Game 1 PM	<b>23</b> Breakfast 8:30-9:45 am Pinochle 1 pm	<b>24</b>  <b>Boursaw Bros</b> Chair Yoga 10 am Susannah's Supper Methodist Church 6 pm <b>25</b> Rainier Clean-up
<b>27</b>  <b>3 of Us</b> Blood Pressure 11 am to Noon Hooks & Needles 1pm-2:30 pm BINGO- 2 PM	<b>28</b> Breakfast 8:30-9:45 am Line Dancing - 4 PM Overcomers Outreach 6:00-7:30 pm	<b>29</b>  <b>Bo Obney</b> Breakfast 8:30-9:45 am Chair Yoga 10 am Hand & Foot Game 1 PM	<b>30</b> Breakfast 8:30-9:45 am Pinochle 1 pm	

Meals Served for February: 976

Volunteer Hours: 598



**Happy Birthday to our  
April Birthday Members**  
**Birthday Flower: Sweet Birthstone: Diamond**  
 Birthday is not listed or wrong, please contact the reception desk

- |      |                 |       |                  |
|------|-----------------|-------|------------------|
| 4/3  | Jerry Sexton    | 4/14  | Kathy Beck       |
| 4/6  | Judy Lepin      | 4/15  | Lona Walters     |
| 4/6  | Shirley Roberts | 4/18  | Lori Cote        |
| 4/10 | Steve Watson    | 4/22  | Janis Singleton  |
| 4/12 | Roger Cleveland | 4/23  | Scott Higgins    |
| 4/13 | Ron Fadden      | 4//27 | Marylou Jamieson |
|      |                 | 4/29  | Norman Gressett  |



**For April we are honoring  
Connie Welty**

Connie grew up in the surrounding Longview area and has lived in a good few of its known cities. She has lived in Rainier for 6 years and started volunteering at the Raiier Senior Center in July of 2025.

Connie comes with 14 years of waitress experience. She is a great help in the dining room at lunch time and also during other luncheon events and bake sales, and is a helping hand in the kitchen as well. She chips in when it is time to clean up and reset after events.

Away from the Center she putters in her mini-garden and plants wild-flowers in any available area she can get her hands on! In the past she has tried her hand at quilting and tole painting. She spends time with her local family members; her two sons and her 5 grandchildren. Thank You Connie for all your expert experience and help.




**mEGGa Easter Egg Hunt**  
 The traditional mEGGa Event will be held on April 4, 2026 at the Columbia County Fairgrounds starting at 10:30

**United Way's 2026  
My Fair Lady and Gentleman Court**

United Way is now accepting nominations for outstanding Senior Volunteers to serve on the 2026 My Fair Lady and Gentleman Court for the July Columbia County Fair. Nomination forms are available at the Rainier Senior Center office.

**Forms must be submitted by April 10th.**



## April Events

**LINE DANCING** with Sue Gibson Hosting  
**Free - Tuesdays**  
**at 4:00pm.**

Get your dancing shoes polished up!

**Yoga** will continue as a **free** session on  
**Wednesdays and Fridays at 10am**  
Scott will be instructing.

**Every Wednesday**  
**Card Games at 1pm - Hand & Foot**

**Every Thursday**  
**Card Games at 1pm - Pinochle**

**April 4**  
**Easter Egg Hunt**  
located at River Front Park  
by the Rainier Eagles

**April 18**  
**Spring Chamber Bazaar**  
**10 am-3 pm**  
Local Rainier artisans will be  
showing off their wares

**COFFEE & CANVAS**  
A second class is being offered on  
**April 21st at 1pm \$20**  
Sign-up sheet at the Front Desk

**April 25- Rainier Clean Up Day**



### **YEAR-TO-DATE BOTTLE DROP UPDATE:**

**To date we have collected \$3000!**

**We have a goal of \$18,000 for year 2026**

so that means, your help is appreciated and needed. Those cans and bottles are a big source of income for the Center. When you see any laying around – grab them and bring them in! It is amazing how quickly the nickles and dimes add up!

Keep bringing in those bottles and cans.

Thank You for your help.

### **UNITED WAY DONATION**

A very appreciated THANK YOU to United Way for their **\$5500** grant toward a new dishwasher for the Rainier Senior Center kitchen.

April Fool's Day Thought!

What if April Fool's Day is April 2nd - And we've been fooled to believe it is April 1st?



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P O Box 216, Clatskanie, OR 97016  
503-728-2163  
Open Monday through Thursday  
7 am-5:30 pm



**Happy Easter**



**RAINIER SENIOR CENTER SIGN**

Have you noticed the restored Rainier Senior Center Sign? It had succumbed to weather and wear like the rest of 'us' and was rescued by Ron Fadden, one of our life-time members who is an all-around "Mr. Fix It"! It is now back as it's proud self, painted and lettered. And Sharon Jump, one of our volunteer members, generously supplied the 4x4 needed for its support. A BIG THANK YOU to both of them. It is because of our members and volunteers that the Rainier Senior Center remains a great place for our community.

**May Events**

**CRMM Presentations**

Friday, May 29 at 1:00 PM:  
"Columbia River Ferries"

Friday, June 26 at 1:00 PM:  
"Warnock Building Preview  
and Exhibit Highlights"

Hazardous Waste Collection  
Saturday May 16th  
8 am-12 pm

Mother's Day Luncheon  
Information to come later



**Become a Member  
of the  
Rainier Senior Center**

Want to get in on the fun? Want to meet others with like interests? Join us for the events, activities, breakfast, or lunch and live music. Shop in our Gift Shoppe. No age requirement. Sign up today and begin receiving our monthly newsletter so you can plan to join us. 503-556-3889 for information.

**Individuals- \$20      Couples- \$35**

**UNDERSTANDING MY MEDICARE**   
**Beth Moffett**  
*Licensed Broker*  
  
Phone: 503.987.1113  
Toll-Free: 1.800.424.1199 -  
Fax: 503.987.1769  
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Scappoose, OR 97056  
beth@understandingmymedicare.com  
[www.UnderstandingMyMedicare.com](http://www.UnderstandingMyMedicare.com)

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Nutritional Program  
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your Oregon  
Recyclables  
to the Center**

**Black Buggy**  
**Belkin Electronics**  
**Canterbury Inn**  
**Capstone Cellars**  
**City of Rainier**  
**Columbia Bake House**  
**Columbia Food Bank**  
**Columbia River Maritime Museum**  
**Cowlitz River Rigging**  
**Deer Island Grange**  
**Delaware Plaza**  
**Dog Zone**  
**Eagles**  
**El Tapatio**  
**Elevate Coffee & Decor**  
**Fernhill Coffee**  
**Flowers & Fluff**  
**Fred Meyer**  
**Grocery Outlet**  
**Home Town Pizza**

**Home Depot**  
**InRoads**  
**Kaiser Permanente**  
**Longview Country Club**  
**Lowe's**  
**Matt's Meats**  
**Means Nursery**  
**Mee Maw's Attic**  
**Miracle Ear**  
**Nys Tree Farm**  
**Ol' Pastime Tavern**  
**Oregon Hill Farms**  
**Pampered Chef**  
**Rainier Liquor Store**  
**Rainier Oregon Historical Museum**  
**Rainier True Value**  
**Rightline Equipment**  
**Safeway**  
**Sternwheeler**  
**Titan Trees**  
**United Way**



*"A Great Place...For Great People"*

**Rainier Senior Center**  
**48 West 7th Street**  
**Rainier, OR 97048**