



Riverside Review

Volume 2024

Issue 9

September 2024

Rainier Senior Center Hours: 9:30 am to 2:00 pm

Gift Shoppe Hours: 10:00 am-2:00 pm

Monday through Friday

48 W 7th Street, Rainier, OR 97048
E-mail: RainierSeniorC@gmail.com

Phone: 503-556-3889

Web: RainierSeniors.com

Board Members

President: *Jan Rich*

Vice-President: *Keith Ekstrom*

Secretary: *Susan Arrington*

Treasurer: *Rachel Kelley*

At Large: *Marilyn Tift, Clint Kelley
and Joanne Bernard*

Multi-Media: *Denise Watson*

Newsletter Editor: *Beth Bailey*

Newsletter Associate: *Dorothy Gillhoover*

SILENT AUCTION



September 28th

from 5pm until 7:30pm

the Center will be hosting a
Silent Auction Fundraiser and Dinner Event.

Dinner will be New York Cut Steak with sides and wine will be available.

Be sure to reserve and pay for your dinner early.

Tickets for the Dinner - \$28

which will include Sparkling Cider at the table

Tickets for Dinner

with a glass of wine or beer \$30

Tickets are available for one additional glass of beer or wine for \$5. There will be an array of interesting items to bid on just in time to do a little early Christmas shopping!

Check our FaceBook page as things progress.

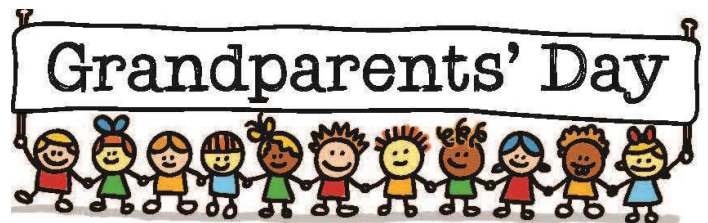
Hurry, Reservations are Limited.

Reserve before September 20!

Board and Member Meetings Notice

From now on, every 3rd Wednesday, there will be a combined Board and Membership Meeting at 1 PM.

We hope to see you there!



GRANDPARENTS DAY

Sunday, September 8, 2pm – 4 pm

will be celebrated at the Center with an event presented by the Rainier City Library as a benefit to the Senior Center. Bring your grandchildren, great grandchildren, for an afternoon of crafts, games, story time, music ('60s & '70s), with refreshments, fun and companionship. Admission by donation.

Rainier Senior Center Extends Its Name

The Rainier Senior Center building will have a new name added to its outside banner. It will still remain as the Rainier Senior Center, but the addition of the name:

Rainier Riverfront Center will be in keeping with other activities which the Center often host for other than just the Seniors of the community.

The building will also sport a new paint job which will set it aside as a unit unconnected to the housing village close by. Many times the Center has been mistaken for a Commons area for the village.

The signs at street entry will still note Rainier Senior Center and its focus will always be **“A Great Place for Great People”**.

Columbia River Maritime Museum Presentations at Rainier Senior Center

The Center is thrilled to be able to offer on the 4th Friday of each month, a presentation by Columbia River Maritime Museum (CRMM) from Astoria. The presentations will be at 1pm following lunch. The presentation is FREE.

The September 27 presentation will be “Navigating the Oceans”. at 1 pm

The October, November, and December presentations be listed in the upcoming newsletters. Be sure to mark your calendars for these interesting and informative presentations.

CRPUD Hosting GLOW Fundraisers

Columbia River PUD has a couple of events scheduled in September to raise money for its GLOW Fund.

On Sunday, September 15, the PUD is partnering with MOD Pizza for a fundraising event. MOD Pizza in St. Helens will donate 20% of qualifying sales that day to the GLOW Fund.

For a sale to qualify, you will need to mention the fundraiser at checkout or use the digital code MODGIVES20 when ordering online.

The PUD is hosting a yard sale at its office September 18-20 from 9 a.m. until 4 p.m. each day. All proceeds from the sale will benefit the GLOW Fund. GLOW provides emergency bill payment assistance to income-qualified CRPUD customers. You can learn more at crpud.net/glow, or by calling the PUD at (503) 397-1844.



COLUMBIA RIVER
PUD
A COMMUNITY-OWNED UTILITY

September 2024

2 Closed	3 Chicken Broccoli Bake Corn Apricots WW Rolls	4 Breakfast Sausage Biscuits W/ gravy Green Beans Mixed fruit	5 Grilled Chicken Salad Split Pea Soup Cottage Cheese w/ Tomato or Pineapple	6 Hamburger on Bun w/all the fixins French Fries Spinach Salad Peaches
9 Pinto Bean Soup Mixed Garden Salad Mix Fruit Salad Crackers	10 Taco Soup Tortilla Chips Spinach Salad Fruit	11 Pulled Pork Sandwich Kaiser Roll Capri Vegetables Cole Slaw Mixed Fruit	12 Spaghetti W/ meat sauce Noodles Mixed Vegetables Green Salad Strawberries	13 CHEFS Choice Pork ribs Potato Salad Corn German Cole Slaw
16 Broccoli Cheddar Soup Chicken salad Sandwich 3 Bean Salad Cantaloupe	17 Teriyaki Pork Stir fry Oriental Veggies Brown rice Mandarin Oranges Fortune Cookie	18 Meat Loaf Mashed Potatoes Garden Salad Vanilla Yogurt w/ Blueberries	19 Hot Roast Beef Sandwich on WW bread Pacific Blend Vegetable Oven Roasted Potatoes Fruit Cocktail	20 Baked Fish Almandine Wild Rice Pilaf Green Bean Spinach Salad Melon Salad
23 Chili Con Carne Dinner Salad w/ Beets Peach Slices Cornbread	24 Alice Spring Chicken Stuffing Steamed Broccoli Cole Slaw ½ Banana	26 Corned Beef & Cabbage Stew Potatoes & Carrots Pea Salad Cottage Cheese W/Pineapple	26 Oven Fried Chicken Mashed Potatoes Pacific Blend Veggies Cucumber/ Tomato Salad	27 Minestrone Soup Turkey Sandwich 3 Bean Salad Waldorf Salad
30 Baked Ham Yams Mixed Green Salad Jello w/ Berries	1 Beef Stroganoff Egg Noodles Capri Veggies Spinach Salad w/ Blueberries	2 Pork Fritters Country Gravy Mashed Potatoes Corn	3 Tater Tot Casserole Saute'ed Zucchini Green Salad Fruit	4 Chicken Tenders Onion Rings Mixed Vegetable Salad Yogurt W/ Berries

Homemade Soups

Rainier Senior Center Lunch Menu

503-556-3889

www.RainierSeniors.com

All to go meal orders need to be in no later than 9:00 am.

Menu is subject to change without notice.

Suggested Donation: \$6 for over 60 and \$10 for under 60.

Arrival time for congregate meal needs to be 11:45 or earlier.

September Events

2 CLOSED for LABOR DAY	3 Breakfast 9-10 am	4  Movie 1 PM City of Ember	5 Breakfast 9-10 am Card Games 1:00pm	6 Music by  Nehemiah Brown <div style="background-color: #e0f0ff; padding: 5px; text-align: center;"> Grandparents Day Event September 8 2 - 4 PM </div>
9  3 of Us Blood Pressure 11 am to Noon Hooks & Needles 1pm-2:30 pm Technology Help 1 pm BINGO- 6 PM	10 Breakfast 9-10 am	11  Movie 1 PM The Watchers	12 Breakfast 9-10 am Card Games 1 pm	13
16 Blood Pressure 11 am to Noon Hooks & Needles 1pm-2:30 pm BINGO- 6 PM	17 Breakfast 9-10 am	18 Board & Membership Meeting 1PM	19 Breakfast 9-10 am Card Games 1:00pm	20 Rock Painting 1 pm
23 Blood Pressure 11 am to Noon Hooks & Needles 1pm-2:30 pm BINGO- 6 PM	24 Breakfast 9-10 am	25  Movie 1 PM St Pepper's Lonely Hearts Band	26 Music by  String Thoree Ukulele Breakfast 9-10 am Card Games 1:00pm	27 Music by  Guy & Mary Susannah's Supper Methodist Church 6 pm <div style="background-color: #00a0e3; color: white; padding: 5px; text-align: center;"> 28 Dinner & Silent Auction 5 pm-7:30 pm </div>
30 Blood Pressure 11 am to Noon Hooks & Needles 1pm-2:30 pm BINGO- 6 PM				

Meals Served for July: 1265

Volunteer Hours: 791



**Happy Birthday to our
September Birthday Members**
Birthday Flower: Morning Glory Birthstone: Sapphire
 If your birthday is not listed or wrong, please contact the reception desk

- 9/3 Sherrie Lange
- 9/6 Bobbie Larson
- 9/7 Henry Keith
- 9/8 Luverne Fox
- 9/8 Clint Kelley
- 9/13 Marjorie Clark
- 9/15 Mona Fiscus
- 9/15 Shiela Vanderford



- 9/16 Marlene Stirling
- 9/17 Nancy Muller
- 9/19 Susann Arrington
- 9/19 Brenda Courser
- 9/21 Dorothy Gill Hoover
- 9/21 Darnell Willis
- 9/22 Joanne Bernard
- 9/23 John Sapinsky
- 9/24 Al Newby
- 9/30 Terry Ball

For August, we are honoring Sharon Jump.

Volunteer of the Month for September is Sharon Jump. Sharon is a very dedicated volunteer and a wonderful asset to the Center.

She helps in the dining room on Mondays and is also a driver for our Home Delivered Meals on Friday. She is always available and willing to fill in whenever and where ever she is needed.

Sharon enjoys walking her dog (Jack) everyday and working in her yard, weather permitting. Again, we are grateful for her service to our Center.

Thank You, Sharon!



PLAN FOR YOUR EVENTS AT THE RAINIER SENIOR CENTER!

Whether it's Birthdays, Anniversaries, Weddings Baby Showers, Family Reunions Everything you need to get the party started is located right here.

See our Website for details.

Sadly, because of the continuing rising cost of food prices, the Center is needing to increase the Lunch donation to \$7 for those over 60. This will take effect in October.

Volunteers Needed!
Check with the desk

We Serve
Home Delivered Meals
so no senior goes hungry.




September EVENTS

SILENT AUCTION!!!



**New York Steak Dinner and
Silent Auction
September 20
5:00-7:30 PM**



**First Monday
Technology Help**

Assistance with: iPads,
SmartPhones, Printers,
FM Reward Card,
Computer Questions.
**with Scott Cooper
September 9
1 PM**

ROCK PAINTING September 20, 1 pm

Start thinking about Rocks again and how you might like to paint one. If you signed up for the July class, you are still signed up. Contact the Center front desk if you have any questions or would like to sign up.

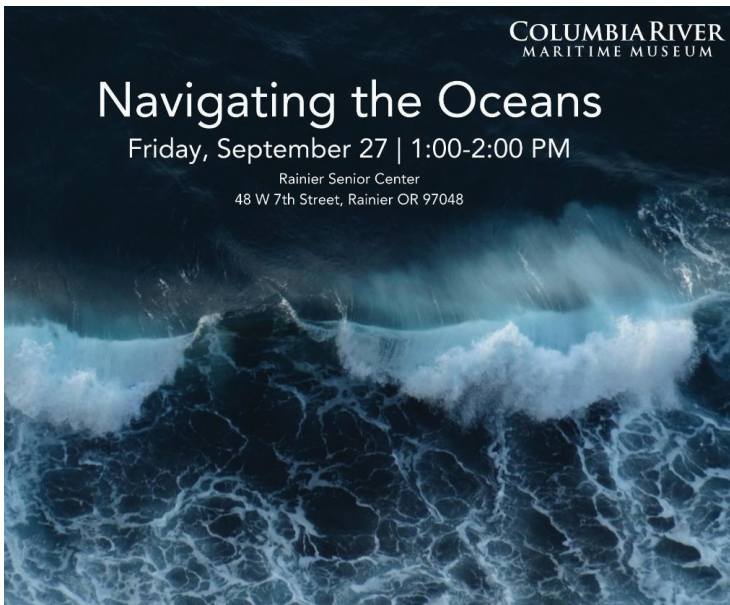


COLUMBIA RIVER
MARITIME MUSEUM

Navigating the Oceans

Friday, September 27 | 1:00-2:00 PM

Rainier Senior Center
48 W 7th Street, Rainier OR 97048



- Retirement Income Planning
 - Wealth Management
 - Tax & Estate Planning
- Medicare/Health Insurance

Visit our website or call to schedule your complimentary consultation.

www.Schultzfs.com

503-543-3844

You will be surprised when you see all the continued support of our blood drives with volunteer time, effort and donations.

Here's one brave soul who faced the needle at our August 14th drive!



October Events

**Columbia River Maritime Museum
Presentation: October 25, 1pm
Scrimshaw: Art of the Sailor**



**Daniel Garrison, CPA,
2114 Columbia Blvd,
St Helens, OR 97051
Email: dan@drgtax.com
503-366-0994**
...for quality, personalized financial guidance for individuals and businesses. Dan can do your basic tax management and accounting or help with more in-depth services such as audits, financial statements and financial planning.

Become a Member of Rainier Senior Center





Want to get in on the fun? Want to meet other seniors? Join us for the events, activities, and just plain conversation.

ONLY \$20 per year

Sign up today and begin receiving our newsletter so you can plan to join us..



**Help our Nutritional Program
by Donating
Your Recyclable Cans or Bottles**
Your donations are greatly appreciated

 **UNDERSTANDING MY MEDICARE**  
Beth Moffett
Licensed Broker
Phone: 503.987.1113
Toll-Free: 1.800.424.1199
Fax: 503.987.1769
P.O. Box 859
Scappoose, OR 97056
beth@understandingmymedicare.com
www.UnderstandingMyMedicare.com



**P O Box 216, Clatskanie, OR 97016
503-728-2163
Open Monday through Thursday
7 am-5:30 pm**

Canterbury Inn
Canterbury Park
City of Rainier
Columbia Food Bank
Cornerstone Cafe Rainier
Country Financial
Deer Island Grange
Delaware Plaza
Deli & Mart
Dog Zone
Dutch Bro's
Eagles
El Tapatio
Eminence Hair Salon
Flowers & Fluff
Fred Meyer
Grocery Outlet
InRoads

Kaiser Permanente
Kirby's Fish & Chips
Lowe's
Means Nursery
Memaw's Attic
Miracle Ear
Nys Tree Farm
Ol' Pastime Tavern
Pie Trio's
Rainier True Value
Red Lobster
Rainier Oregon Historical Museum
Safeway
Sound Authority
Stuffy's
Sugar Pearl
Triangle Bowl
Tsugawa Garden & Wellness
United Way



"A Great Place...For Great People"

***Rainier Senior Center
48 West 7th Street
Rainier, OR 97048***