



Riverside Review

Volume 2024

Issue 5

May 2024

Rainier Senior Center Hours: 9:30 am to 2:00 pm

Gift Shoppe Hours: 10:00 am-2:00 pm

Monday through Friday

48 W 7th Street, Rainier, OR 97048

E-mail: RainierSeniorC@gmail.com

Phone: 503-556-3889

Web: RainierSeniors.com



Rainier Senior Center Annual Elections for Board of Directors

Rainier Senior Center Annual Elections for Board of Directors will be taking place on **June 26.**

All positions are open.

The nomination forms are available at the Center. **You must be a member in good standing by May 24 to apply, as well as vote in the election.**

ROHM
(Rainier Oregon Historical Museum)
invites you to the
Ground Breaking Ceremony
on Monday, May 6
1:30 PM
Reception to follow
at 2:30 PM
in the Rainier Senior Center

Board Members

President: Jan Rich

Vice-President: Debra Elliott

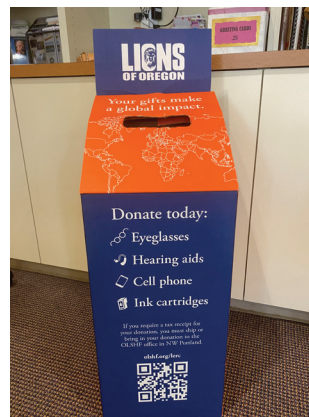
Secretary: Marily Tift

Treasurer: Rachel Kelley

At Large: Joanne Bernard, Scott Cooper and Clint Kelley

Multi-Media: Denise Watson

Newsletter Editor: Beth Bailey



Lions Club is accepting
Glasses
Ink Cartridges
Cellphones
and More

Drop them in this box in the lobby



We honor all of our military who have served our country to make it safe and secure. For our fallen military, we will never forget the price they paid for their country. Take time to honor your family member or friend to show you care.





**Special Mother's Day Luncheon
May 10**

**You are encouraged to bring any
Special person you would like to
honor with a lunch.**

**Suggested donation \$6 for those
over 60. \$8 for those under 60**

HAVE BREAKFAST AT THE CENTER
every Tuesday and Thursday from 9 am -10 am
Omelets, Pancakes, Biscuits & Gravy Plus
sides – eggs, bacon, oatmeal
Price: \$2 - \$6
“Comfortable, Safe and Friendly” Environment

RAINIER OREGON HISTORICAL MUSEUM'S
long awaited **GROUNDBREAKING** is
scheduled for **May 6 at 1:30 pm!**

REMINDER-You must be a member in good
standing by May 24th to vote for the Board of
Directors in the June 2024 election.



Columbia River PUD Systematically Replacing Meters

As part of Columbia River PUD’s continued effort to improve operational efficiency and to improve outage awareness and response, the PUD will be replacing your electric meter.

The PUD is in the third year of a five-year project to systematically replace all of the electric meters in its service territory. To do so, the PUD will need to briefly shut off your power to install your new meter.

The new meters will look and function essentially the same way your current meter does.

The PUD thanks you in advance for your patience as it continues to improve its service and reliability. If you have any questions, please call the PUD’s Engineering Department at (503) 397-0760.



May 2024

		1 Navy Bean Soup Cheese Sticks Broccoli Salad Apples & Oranges Corn Bread	2 Grilled Tuna Melt Whole Grain Bread Winter Veggies Carrot Rasin Salad	3 Beef Tips Mushroom Gravy Hot Buttered Noodles Steamed Broccoli Fresh Melons
6 BBQ Drumsticks Santa Fe Veggies Peaches Macaroni Salad	7 Spinach Alfredo Lasagna Green Beans Dessert Fruit Cup Bread	8 Roasted Chicken Cornbread Stuffing Green Beans Mixed Fruit Salad Dinner Roll	9 Cream of Potato Soup Egg Salad Sandwich Whole Grain Bread Cucumber/Tomato Salad Pineapple	10 Baked Ham Buttered Yams Corn Pears
13 Beef Stew Carrot/Mushroom/ Potatoes Baked Zucchini Orange Jell-o Salad w/fruit Cocktail	14 Chicken Fried Steak Cream Gravy Mashed Potatoes Green Beans Garden Salad	15 Garlic&Mushroom Turkey Cutlet Brown Rice Pilaf Snap Pea Veg. Apple & Peach Salad	16 Ground Pork Stirfry Stir Fry Veggies Chow Mein Noodles Mandarin Oranges	17 Meatless Spaghetti Spaghetti Noodles Kyoto Veg. Cottage Cheesew/ Peaches & apricots Garlic Bread
20 Porcupine Casserole Cauliflower AuGratin Green Beans Sunshine Salad	21 Taco Salad (Hmb./cheese) Mixed Greens/salsa corn chips Refried Beans Cantaloup	22 TurkeyKielbasa and Cabbage Sauteed Squash WarmedSpiced Beets Fruit Salad	23 Tuna Noodle Casserole Meadow Veg Mix SF Vanilla Pudding w/Bananas Nila Wafer Cookies	24 Eggplant Parmesan Winter Veg Mix Spinach Salad w/ Dried Cranberries WW Roll
27 CLOSED	28 Salisbury Steak Mashed Potatoes Tuscan Veg Mix Melon Fruit Salad	29 Salmon Patties Stewed Tomatoes Antiqua Veg Mix Cottage w/Pineapple	30 Beef Stroganoff Egg Noodles Capri Veg Mix Spinacch Salad w/blueberries	31 Pork Roast Scalloped Potatoes Normandy Veg Whole Cranberry Sauce

Homemade Soups

Rainier Senior Center Lunch Menu

503-556-3889

www.RainierSeniors.com

All to go meal orders need to be in no later than 9:00 am.

Menu is subject to change without notice.

Suggested Donation: \$6 for over 60 and \$8 for under 60.

Arrival time for congregate meal needs to be 11:45 or earlier.

May Events

		1	2	3  Music by Nehemiah Brown
			Breakfast 9-10 am Card Games 1 PM	
6  3 of Us 11 am Blood Pressure 11 am to Noon Technology Class 1 pm Hooks & Needles 1pm-2:30 pm ROHM Reception 2:30 PM BINGO- 6 PM	7 Breakfast 9-10 am	8	9  Music by Boursaw Bros Breakfast 9-10 am Card Games 1 pm	10  Music by Guy & Mary Mothers Day Lunch 
13  3 of Us 11 am Blood Pressure 11 am to Noon Hooks & Needles 1pm-2:30 pm BINGO- 6 PM	14 Breakfast 9-10 am Red Cross Blood Drive 12:30-5:00 PM	15	16 Breakfast 9-10 am Card Games 1:00pm	17  Music by Boursaw Bros 18 Hazardous Waste Disposal 8 am to Noon
20  3 of Us 11 am Blood Pressure 11 am to Noon Hooks & Needles 1pm-2:30 pm BINGO- 6 PM	21 Breakfast 9-10 am Senior Movie "The Second Best Exotic Marigold Hotel" 1pm	22	23 Breakfast 9-10 am Card Games 1 PM	24  Music by Guy & Mary Susannah's Supper Methodist Church 6 pm
27 CLOSED 	28 Breakfast 9-10 am	29	30  Music by Boursaw Bros Breakfast 9-10 am Card Games 1 PM	31 Last Friday Films STAR WARS EPISODE IV: A NEW HOPE 6 pm

Meals Served for March: 1291

Volunteer Hours: 733



**Happy Birthday to our
May Birthday Members**
Birthday Flower: Hawthorne Birthstone: Emerald
 If your birthday is not listed or wrong, please contact the reception desk

- 5/2 Karen Hooke
- 5/4 Elaine Coffman
- 5/4 Judy Faulkner
- 5/8 Claire Jacquemin
- 5/9 Sam Wardle
- 5/13 Robert Fox
- 5/15 Cheryl Albertini
- 5/15 Connie Budge



- 5/17 Ray Johnson
- 5/17 Dolores West
- 5/18 Nancy Barron
- 5/20 Cheryl Dodge
- 5/20 Tom Hagstrom
- 5/20 Gloria Nelson
- 5/22 William Diaz
- 5/25 Susie Wellington
- 5/30 Larry Wallace
- 5/31 Rebecca Leone



LAST FRIDAY FILMS
 Rainier City Library sponsors,
 'Last Friday Films'
 movie entertainment for the family.
 'Last Friday Films'
 May 31
 at 6 pm
 at Rainier Senior Center
 Film to be shown is
 "STAR WARS
 EPISODE IV: A NEW HOPE"

**PLAN FOR YOUR SUMMER EVENTS AT
THE RAINIER SENIOR CENTER!**

Whether it's Birthdays, Anniversaries, Weddings,
 Baby Showers, Family Reunions.
 Everything you need to get the party started is
 located right here.

See our Website for details.

**Volunteers
 Needed!**
 Check with the desk

We Serve
Home Delivered Meals
so no senior goes hungry.



MAY EVENTS

Rainier Oregon Historical Museum Groundbreaking Ceremony



ROHM Groundbreaking ceremony will begin on May 6th, 1:30 pm at the lot where the building will be constructed.

There will be a reception following the event at the Rainier Senior Center at 2:30 pm.

Everyone is invited to join in for this monumental event.




Mothers Day Luncheon May 10

You are encouraged to bring any special person you would like to honor with a lunch.
Suggested donation \$6 for those over 60.
\$8 for those under 60.



May 14th
12:30-5:30 PM
Sign up at Rainier Senior Center
or by email -
redcrossblood.org.



First Monday Technology Class

Assistance with: iPads, SmartPhones, Printers, FM Reward Card, Computer Questions.
with Scott Cooper
May 6
1 PM

Hazard Waste Disposal

May 18th
8 am to 12 pm
at the Waste Treatment Plant



Movies For Us Seniors! May 21 at 1 PM " The Second Best Exotic Marigold Hotel"

Stars: Judy Dench, Maggy Smith, Tom Wilkinson, Dev Patel.
(a sequel to The Best Exotic Marigold Hotel)

"As the Best Exotic Marigold Hotel has only a single remaining vacancy – posing a rooming predicament for two fresh arrivals – Sonny pursues his expansionist dream of opening a second hotel."
Popcorn for your enjoyment.



- Retirement Income Planning
 - Wealth Management
 - Tax & Estate Planning
- Medicare/Health Insurance

Visit our website or call to schedule your complimentary consultation.

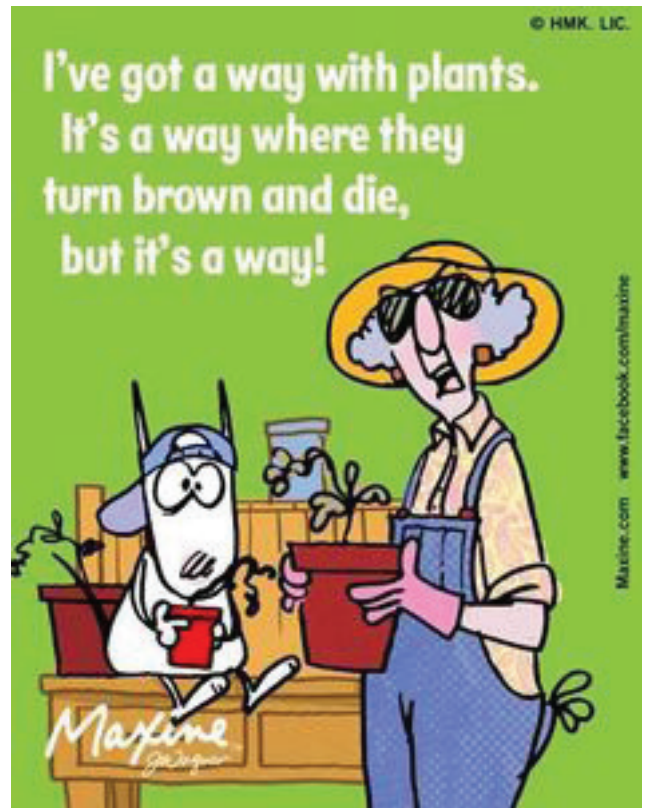
www.Schultzfs.com

503-543-3844

Upcoming JUNE EVENTS

- **Board of Directors Annual Election**
- **June Father's Day Luncheon**
June 14th
- **City Wide Sale**
Saturday June 22 8 am to 3 pm
- **Fundraiser for
New Dining Room Chairs**

"Something to sit on and think about!"
Watch the lobby for a sample chair to try, and
give it a "yes" or "no".



Daniel Garrison, CPA,
2114 Columbia Blvd,
St Helens, OR 97051
Email: dan@drgtax.com
503-366-0994

...for quality, personalized financial
guidance for individuals and businesses. Dan can
do your basic tax management and accounting or
help with more in-depth services such as audits,
financial statements and financial planning.

Become a Member of Rainier Senior Center



Want to get in on the fun? Want
to meet other seniors? Join us for
the events, activities, and just plain
conversation.

ONLY \$20 per year

Sign up today and begin receiving our newsletter
so you can plan to join us..



**Help our Nutritional Program
by Donating
Your Recyclable Cans or Bottles**

Your donations are greatly appreciated



Beth Moffett
Licensed Broker

Phone: 503.987.1113
Toll-Free: 1.800.424.1199
Fax: 503.987.1769
P.O. Box 859
Scappoose, OR 97056
beth@understandingmymedicare.com

www.UnderstandingMyMedicare.com



P O Box 216, Clatskanie, OR 97016
503-728-2163
Open Monday through Thursday
7 am-5:30 pm

Canterbury Inn
Canterbury Park
City of Rainier
Columbia Food Bank
Cornerstone Cafe Rainier
Country Financial
Deer Island Grange
Delaware Plaza
Deli & Mart
Dog Zone
Dutch Bro's
Eagles
El Tapatio
Eminence Hair Salon
Flowers & Fluff
Fred Meyer
Grocery Outlet
InRoads

Kaiser Permanente
Kirby's Fish & Chips
Lowe's
Means Nursery
Memaw's Attic
Miracle Ear
Nys Tree Farm
Ol' Pastime Tavern
Pie Trio's
Rainier True Value
Red Lobster
Rainier Oregon Historical Museum
Safeway
Sound Authority
Stuffy's
Sugar Pearl
Triangle Bowl
Tsugawa Garden & Wellness
United Way



"A Great Place...For Great People"

*Rainier Senior Center
48 West 7th Street
Rainier, OR 97048*