



Riverside Review

Volume 2024 Issue 8 August 2024

Rainier Senior Center Hours: 9:30 am to 2:00 pm

Gift Shoppe Hours: 10:00 am-2:00 pm

Monday through Friday

48 W 7th Street, Rainier, OR 97048

E-mail: RainierSeniorC@gmail.com

Phone: 503-556-3889

Web: RainierSeniors.com

Coming on September 28th from 5pm until 7:30pm

the Center will be hosting a
Silent Auction Fundraiser and Dinner Event.

Dinner will be New York Cut Steak with
sides and wine will be available.

Be sure to reserve and pay for your dinner early.

Tickets for the Dinner - \$28

which will include Sparkling Cider at the table

Tickets for Dinner

with a glass of wine \$30;

Tickets are available for one additional glass of

beer or wine for \$5. There will be an array of

interesting items to bid on just in time to do a

little early Christmas shopping!

Check our FaceBook page as things progress.

Board Members

President: *Jan Rich*

Vice-President: *Keith Ekstrom*

Secretary: *Susan Arrington*

Treasurer: *Rachel Kelley*

At Large: *Marilyn Tift, Clint Kelley
and Joanne Bernard*

Multi-Media: *Denise Watson*

Newsletter Editor: *Beth Bailey*

Newsletter Associate: *Dorothy Gillhoover*

Board and Member Meetings Notice

From now on we will be adding 3rd Wednesday-
Board Meeting to the Event Calendar every month
since it will be a combined Board and Member
meeting from now on.



BLOOD DRIVE

August 13, 12:30 to 5:30pm

Sign up at Rainier Senior Center or by email –
redcrossblood.org

Hear Ye Hear Ye!

**KNITTERS, CROCHETERS,
NEEDLEPOINT AND QUILTERS!**

Recently donated to the center is a large selection of pamphlets, patterns, hard back books, magazines & crafting ideas, some of which are vintage dating as far back as 1945, 1960, 1970s, and newer! They are all sorted by each craft for easy selection and are free to whomever wants them. They are in the Library.

Rainier Senior Center Extends Its Name

The Rainier Senior Center building will have a new name added to its outside banner. It will still remain as the Rainier Senior Center, but the addition of the name:

Rainier Riverfront Center will be in keeping with other activities which the Center often host for other than just the Seniors of the community.

The building will also sport a new paint job which will set it aside as a unit unconnected to the housing village close by. Many times the Center has been mistaken for a Commons area for the village.

The signs at street entry will still note Rainier Senior Center and its focus will always be **“A Great Place for Great People”**.

Columbia River Maritime Museum Presentations at Rainier Senior Center

Coming during the last quarter of this year, the Center is thrilled to be able to offer on the 4th Friday of each month, a presentation by Columbia River Maritime Museum (CRMM) from Astoria. The presentations will be at 1pm following lunch. The presentation is FREE

The September 27 presentation will be “Navigating the Oceans”.

The October, November, and December presentations be listed in the upcoming newsletters. Be sure to mark your calendars for these interesting and informative presentations.

Help Celebrate 40 Years of Public Power!

You are invited to join Columbia River PUD for hot dogs and an open house on Thursday, August 29, from 1:30 to 3:30 p.m. to help celebrate 40 years of the PUD providing public power.

In addition to enjoying hot dogs, you'll be able to see bucket trucks up close and personal. There will be fun activities for the kids and giveaway items for all.

There will also be a slideshow displaying historic images of the PUD throughout the afternoon.

The PUD office will be closed from 11:30 a.m. to 1:00 p.m. that day for an employee luncheon.

The PUD began providing electric service to Columbia County residents on August 31, 1984. At the time, the Board pledged to keep rates 5% lower than the previous investor-owned utility's rates. Today, CRPUD rates are about 40% lower, which resulted in **\$15.5 million in savings for CRPUD customers in 2023.**

The total amount CRPUD customers have saved since 1984 is \$173 million.



COLUMBIA RIVER
PUD
A COMMUNITY-OWNED UTILITY

August 2024

			1 Cajun Style Pork Chops Chefs Rice Vegetable Mix Pears	2 Clam Chowder Garden Salad Tomatoes & Cucumbers Orange Wedges
5 Spaghetti w/ meat sauce Green Beans Mixed Green Salad Bread Sticks	6 Chicken Tenders Bow Tie Salad (broccoli / mushroom / Snow peas Sunshine salad	7 Navy bean Soup Egg Salad Sandwiches WW Bread Peaches	8 Glazed Meat Loaf Herb Roasted Potatoes Veggies Cottages cheese w/ Tomatoes	9 Grape Tomato Salad w / white bean Mixed Baby Greens Fruit Medley WW Roll
12 Asian Style Tuna Burger Hamburger Bun Stir Fry Veg. Baked Apples Carrot / Raisin Salad	13 Tuna Noodle Casserole Steamed Broccoli Apple Salad	14 Lasagna Roll-up Mixed Vegetable Spring Greens w/ Blueberries/ Walnuts	15 Grilled Cheeses Sandwiches Tomato Basil Soup Fruit Salad	16 Baked Fish Almandine Brown Rice Pilaf Vegetables Apple Salad
19 Pork Chops W/ orange/ Cranberry Sauce Butternut Squash Snap Pea Veg. Blend	20 Stir Fry Chicken Veg. Blend Steamed Rice Pear Laves Fortune Cookie	21 Lentil Stew w/ Italian Sausage Cheese Sticks Tuscan Veg. Apple/Orange slices	22 Cheese Burger Hamburger Bun All the Fixings Potato Salad Berries w/yogurt	23 Beef Pot Roast w/ Mushrooms Roasted Veggies. Peas & Carrots Cottage Cheese w/ Pineapple
26 Baked Chicken Parslied Potatoes Veggie Mix Coleslaw Mandarin Orange	27 Spinach Alfredo w/ Penne Noodles Mixed Veg. Green Beans Bread	28 Ham Scalloped Potatoes Country Vegetables	29 Chicken Fried Steak Mashed Potatoes Veg. Mix Jello Salad	30 Patty Melt Chips Fruit Carrot & Celery Sticks

Homemade Soups

Rainier Senior Center Lunch Menu

503-556-3889

www.RainierSeniors.com














All to go meal orders need to be in no later than 9:00 am.

Menu is subject to change without notice.

Suggested Donation: \$6 for over 60 and \$10 for under 60.

Arrival time for congregate meal needs to be 11:45 or earlier.

August Events

			1 Breakfast 9-10 am Card Games 1:00pm  Music by Jim Meyer	2  Music by Nehemiah Brown
5  3 of Us 11 am Blood Pressure 11 am to Noon Hooks & Needles 1pm-2:30 pm Technology Help 1 pm BINGO- 6 PM	6 Breakfast 9-10 am	7  Movie 1 PM Shining Through	8 Breakfast 9-10 am Card Games 1 pm	9
12  3 of Us 11 am Blood Pressure 11 am to Noon Hooks & Needles 1pm-2:30 pm Blood Drive- 12:30- 5:30 PM BINGO- 6 PM	13 Breakfast 9-10 am  12:30-5:30 PM	14 Board & Membership Meeting 1PM	15  Music by Jim Meyer Breakfast 9-10 am Card Games 1:00pm	16  Music by Boursaw Bros
19  3 of Us 11 am Blood Pressure 11 am to Noon Hooks & Needles 1pm-2:30 pm BINGO- 6 PM	20 Breakfast 9-10 am	21  Movie 1 PM White Chicks	22 Breakfast 9-10 am Card Games 1:00pm	23 Susannah's Supper Methodist Church 6 pm
26  3 of Us 11 am	27 Breakfast 9-10 am	28  Movie 1 PM Clancy	29  String Thoeree - Ukulele Breakfast 9-10 am Card Games 1:00pm	30  Music by Boursaw Bros

Meals Served for June: 1237

Volunteer Hours: 551



**Happy Birthday to our
August Birthday Members**
Birthday Flower: Poppy Birthstone: Peridot
 If your birthday is not listed or wrong, please contact the reception desk

- 8/1 Joann Cosgrove
- 8/1 Liz Henderson
- 8/2 Claudine Brown
- 8/4 Robert Beaver
- 8/17 Jan Rich
- 8/18 Hank Anderson
- 8/19 Dave Bernard



- 8/19 Nicole Jordan
- 8/22 Laureen Lawty
- 8/23 Cindy Koenig
- 8/25 Judy Ensworth
- 8/25 Donna Janner
- 8/25 Martha Morton
- 8/27 Philip Taylor
- 8/29 Keith Ekstrom
- 8/31 Kathy Richardson

Beginning in August we will again be honoring our Volunteers for their valuable service to the Center. Without them it would be impossible to offer the quality and variety of services needed to maintain our mission standards.

This month we are honoring **Brandon Mahoney**. Brandon has been a volunteer at the Rainier Senior Center for about 9 months. He is a valued addition to the dining room staff and as a driver for Home Delivered Meals. His agreeable and helpful attitude is enjoyed by those he serves. Brandon enjoys hiking and biking, and moved to Rainier from Maryland. Brandon also served in the US Navy. We are very lucky to have Brandon as one of our volunteers.



PLAN FOR YOUR SUMMER EVENTS AT THE RAINIER SENIOR CENTER!

Whether it's Birthdays, Anniversaries, Weddings, Baby Showers, Family Reunions. Everything you need to get the party started is located right here.

See our Website for details.

TIDBITS of NEWS

The Remodel of the patio area is still in the process. It will be so nice to have the extra room to accommodate our events.

Friday Night Films will no longer be shown at the Center due to the logistics involved and lack of attendance.

Volunteers Needed!
 Check with the desk

We Serve
Home Delivered Meals
so no senior goes hungry.



AUGUST


Starting August 7, We will be having a movie every Wednesday. The movie will no longer be a mystery. The title and type of film will be posted at the desk.

There will not be a movie August 14.

August 13, **Blood Drive** from 12:30 pm to 5:30 pm. See Page 1 for more info

BOOKS FOR SUMMER READING! If you are a fan of Harlequin, Love Inspired and a few other series, we have a wonderful large selection just recently donated to the Center. Since we don't have space on our library shelves to place them, **we are offering them for \$1 a bag.** They will be displayed on a table either in the Library or the lobby of the Center for your selection. Some are Large Print.





First Monday Technology Help

Assistance with: iPads, SmartPhones, Printers, FM Reward Card, Computer Questions.
with Scott Cooper
August 5
1 PM

Crabby Road

11-5-11



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Upcoming EVENTS

AARP DRIVING CLASS

If you are interested we may be able to have one available this fall at the Rainier Senior Center. Participants can realize a discount on their car insurance for attending. It will be an all day class, and the fee is \$20 fee for AARP members, \$25 for non members. You will need to bring a lunch. Requirement is a minimum of 6 participants so please add your name to the list so we can finalize plans.

NEW BAKERY

There is going to be a new bakery in town at 126 W. B Street. Watch for Columbia Bakehouse opening in the near future and the aroma of fresh baked goods to greet you in the morning.

ROCK PAINTING

Rock Painting Class scheduled for July 19th has been moved to September 20th. For those who signed up and have paid, your spot is still reserved. Maybe a 'Fall' theme will be ideal for painting on a rock.

September Events

September 20- **Rock Painting Class**

September 27 **CRMM Presentation—
Navigating the Oceans**

September 28 - **Silent Dinner
Auction**



**Daniel Garrison, CPA,
2114 Columbia Blvd,
St Helens, OR 97051
Email: dan@drgrtax.com
503-366-0994**

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**P O Box 216, Clatskanie, OR 97016
503-728-2163
Open Monday through Thursday
7 am-5:30 pm**

Become a Member of Rainier Senior Center



Want to get in on the fun? Want to meet other seniors? Join us for the events, activities, and just plain conversation.

ONLY \$20 per year

Sign up today and begin receiving our newsletter so you can plan to join us..



**Help our Nutritional Program
by Donating
Your Recyclable Cans or Bottles**

Your donations are greatly appreciated

Canterbury Inn
Canterbury Park
City of Rainier
Columbia Food Bank
Cornerstone Cafe Rainier
Country Financial
Deer Island Grange
Delaware Plaza
Deli & Mart
Dog Zone
Dutch Bro's
Eagles
El Tapatio
Eminence Hair Salon
Flowers & Fluff
Fred Meyer
Grocery Outlet
InRoads

Kaiser Permanente
Kirby's Fish & Chips
Lowe's
Means Nursery
Memaw's Attic
Miracle Ear
Nys Tree Farm
Ol' Pastime Tavern
Pie Trio's
Rainier True Value
Red Lobster
Rainier Oregon Historical Museum
Safeway
Sound Authority
Stuffy's
Sugar Pearl
Triangle Bowl
Tsugawa Garden & Wellness
United Way



"A Great Place...For Great People"

***Rainier Senior Center
48 West 7th Street
Rainier, OR 97048***