



Riverside Review

Volume 2022

Issue 11

November 2022

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Holiday Bazaar

Saturday, November 5

9:00 am to 3:00 pm

There are 17 tables filled with lots of
holiday treasures

Lunch: Wendy's homemade stew
Zucchini Bread will be for sale

Thanksgiving Dinner

November 19 at 2 pm

Tickets are \$15 each

Available at the desk

Remember we will be closed
November 24 and 25!

Get on your CREATIVE hat
and help us design a logo for
Rainier Senior Center
Chair: Dorothy Gillhoover
Call the desk if interested

Meals Served for September: 1242
Volunteer Hours: 663

Board Members

President: Jan Rich

Vice-President; Debra Elliott

Secretary: Darnell Willis

Treasurer: Rachel Kelley

At Large: Joanne Bernard, Scott Cooper
and Clint Kelley

Newsletter Editor: Beth Bailey



Day Trips:

The Pumpkin Patch was a lot of fun with a hay ride, perusing the gift shop and shopping at the store with lots of locally grown foods. Lunch was delicious and reasonably priced. Our next trip will probably be to see the Christmas lights.

A shout out to Ray with Community Church of God who drove the van.

Rainier Senior Center Hours

9:30 am to 2:00 pm

Monday through Friday

Gift Shop 10:00 am-2:00 pm

Warming Tree Donations Being Accepted

Columbia River PUD will continue its holiday tradition of collecting warm hats, gloves, scarves, and blankets to donate to members of the community once again this year.

Donations are currently being accepted for the PUD's Warming Tree. PUD employees, Board Members, and customers are invited to donate items. Last year, the PUD collected 1,260 warming items for Community Action Team to distribute among members of our community.

"We are hoping to collect even more items this year," said PUD Customer Accounts and Billing Manager Kristen Dean. *"It has been a tremendous success the last four years."*

The PUD asks that donations be turned in by December 8, so they can be delivered in time for Christmas. Items may be new, handmade, or gently used. All items will be distributed to families in Columbia County.

Items will be collected at the PUD's office in Deer Island during regular business hours.



COLUMBIA RIVER PUD

A COMMUNITY-OWNED UTILITY



- Retirement Income Planning
 - Wealth Management
 - Tax & Estate Planning
- Medicare/Health Insurance

Visit our website or call to schedule your complimentary consultation.

www.Schultzfs.com

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Daniel Garrison, CPA,
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beth@understandingmymedicare.com

www.UnderstandingMyMedicare.com

November 2022

Monday	Tuesday	Wednesday	Thursday	Friday
31 Pot Roast Carrots & Potatoes Broccoli Salad Roll The Three of Us	1 Ham & Cheese Quiche Fruit & Cottage Cheese Muffin	2 Corned Beef & Cabbage Stew Salad Boursaw Brothers	3 Openfaced Roast Beef Sandwich Mashed Potatoes Gravy Mixed Vegetables	4 Fish & Chips Tartar Sauce Coleslaw Bo Obney
7 Baked Ham Potatoes Augraten Vegetables Roll Salad The Three of Us	8 Patty Melt Grilled onions swiss cheese on Rye Chips 3 Bean salad	9 Meatloaf Mashed Potatoes Vegetables Your 50's Band	10 Cheese Ravioli Green Salad Bread Stick Jim Meyer	11 PorkChops Mashed Potatoes Vegetables Applesauce Boursaw Brothers
14 Chicken Fried Steak Mashed Potatoes Vegetables The Three of Us	15 Beef Taco Salad Corn Shell Lettuce, Salsa Tomatoes, sour cream Refried Beans	16 Ham & Beans Soup Cornbread fruit	17 Porcupine Meatball casserole Roasted Potatoes German Coleslaw	18 BBQed Chicken Potatoe Wedges Vegetables Bo Obney
21 Spaghetti with Meatsauce Green Salad Garlic Bread The Three of Us	22 Salisbury Steak Potatoes Green Beans Salad	23 Turkey Dinner Stuffing Mashed Potatoes Vegetables Cranberry sauce If available Bo Obney	24 CLOSED	25 CLOSED
28 Spanish Rice with Chicken Green Salad The Three of Us	29 Potato Soup Egg Salad Sandwich	30 Hamburger Gravy over Mashed Potatoes Vegetables Fruit	1 Western Beef Stew Corn Bread German Coleslaw	2 Macaroni & Cheese w/ Chicken Vegetables Rolls

Rainier Senior Center Lunch Menu

503-556-3889














www.RainierSeniors.com

All to go meal orders need to be in no later than 9:00 am.

Menu is subject to change without notice. \$5 for over 60 and \$7 for under 60.

Arrival time for congregate meal needs to be 11:45 or earlier.

NOVEMBER EVENTS

Monday	Tuesday	Wednesday	Thursday	Friday
31  3 of Us 11 am Blood Pressure 11 AM Bingo - 2 pm Hooks & Needles 1pm-2:30 pm	1 Breakfast 9-10 am	2  Music by Boursaw Brothers Balance & Stability 11 am - 12 pm	3 Breakfast 9-10 am Card Games 1 pm	4  Music by Bo Obney Michael Leipzig Shultz Financial 10 am- Noon
7  3 of Us Blood Pressure 11 AM  Beth Moffett 10 am - 12 pm Hooks & Needles 1pm-2:30 pm Bingo - 2 pm	8 Breakfast 9-10 am AARP Presentation Frauds & Scams 1:00 PM	9  Music by Your 50s Band Balance & Stability 11 am - 12 pm	10  Music by Jim Meyer on Piano Breakfast 9-10 am Card Games 1 pm	11  Music by Boursaw Brothers Peter Scott "Your Insurance Gal" 12:30 pm
14  3 of Us 11 am Blood Pressure 11 AM Hooks & Needles 1pm-2:30 pm Bingo - 2 pm	15 Breakfast 9-10 am Debra Kranyak Kaiser 10 am -12:30 pm	16  Music by Guy & Mary Balance & Stability 11 am - 12 pm	17 Michael Leipzig Shultz Financial 10 am- Noon Card Games 1:00pm	18  Music by Bo Obney Breakfast 9-10 am Susannah's Supper Methodist Church 6 pm
21  3 of Us Blood Pressure 11 AM  Hooks & Needles 1pm-2:30 pm Beth Moffett 10 am -12 pm Bingo -2pm	22 Breakfast 9-10 am	23  Music by Bo Obney Balance & Stability 11 am - 12 pm AARP Driving School 9 am -4 pm	24 CLOSED	25 CLOSED
28  3 of Us 11 am Blood Pressure 11 AM Hooks & Needles 1pm-2:30 pm Bingo -2pm	29 Breakfast 9-10 am	30 Balance & Stability 11 am - 12 pm		



Happy Birthday to our November Birthday Members

Birthday Flower: Chrysanthemum Birthstone: Topaz
If your birthday is not listed or wrong, please contact the reception desk

11/4 Barbara Hendricks
11/4 Sharon Jump
11/6 Rosalie Herstrom
11/7 Rhonda Goldsmith
11/8 Teresa Bentley
11/8 Billy Redding
11/8 Cynthia Scott
11/11 Dieter Oetmann

11/16 John Bamford
11/17 Sue Beavers
11/19 Don Wallin
11/22 Verna Gilbert
11/24 Michael Clark
11/26 Harold Tipton
11/29 Shirley M Greer
11/29 Mary Stupfel

**Please Register your rewards program to designate the
Rainier Senior Center as the non-profit**



**Help Our
Senior Center
Earn Money!**

Register Today!

We received \$59.04 for
the Quarter from 42 families.
Check to make sure your
rewards card is connected
to the center.

Look at example →



The Rainier Senior Center can earn money from
Fred Meyer by anyone who shops there and signs
up for the Community Rewards Program.

Link your card to:

Rainier Senior Citizens

- or use our non-profit number **AH614******.

Go to fredmeyer.com/communityrewards

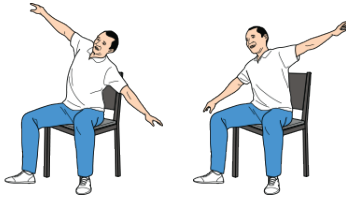
**You still get your reward points, fuel
points and rebates just the same!**

Volunteer of the month: Debra Hurt

Debra has been a volunteer for approximately 7 years. She goes to Costco to pick up donations. She also is a Meals-On-Wheels Delivery Driver once a week.

Debra grew up in Clatskanie and graduated from Clatskanie High School. She loves volunteering, wine tasting, traveling and daily walks. Thank you, Debra, for your dedication,





FREE Balance and Stability Class put on by Rebecca Leone

All are welcome, no experience necessary and all exercises can be performed seated. Wear comfortable clothes.

**Every Wednesday
11 am to 12 pm**



There will be a **Giving Tree in the lobby** sponsored by the Non-Profit Giving Tree beginning November 4th through December 5th. You can drop off items at the 3 Rivers Mall by the dance studio or here at the center. I was told this non-profit could especially use jackets of all sizes and shoes of all sizes.

There will be a barrel also located at the center for collection of items for **United Way**. These items will be used for displaced students attending Rainier High School. There will be a list of items at the front desk.



Special Events

Thanksgiving Dinner
will be
Saturday, Nov 19
at 2 pm
\$15/ea

Christmas Dinner
December 17 at 2 pm
\$20/ea

Holiday Bazaar
November 5
9am to 3 pm



Donate
Your Return Bottles
or Cans to
Rainier Senior Center
Your Donations
are Appreciated



P O Box 216, Clatskanie, OR 97016
503-728-2163
Open Monday through Thursday
7 am-5:30 pm

Senior Center T-shirts



S-M-L-XLrg
\$15/ea

2X and 3X
\$20/ea

See the front desk for details.

Attention Veterans
In honor of your service
FREE Lunch on
Monday, November 7th

DRIVERS NEEDED!
Check with the Desk for more details

Become a Member of Rainier Senior Center



Want to get in on the fun? Want to meet other seniors? Join us for the events, activities, and just plain conversation.

ONLY \$15 per year

Sign up today and begin receiving our newsletter so you can plan to join us..



Buy a raffle ticket for \$10
for chance to win
2 Prime Rib dinners!

We Serve
Meals On Wheels
So no senior goes hungry.



B Street Coffee
Canterbury Inn
Canterbury Gardens
Columbia River PUD
Columbia Carpet One
Costco
Country Financial
Dutch Bros
El Tapatio
Hometown Pizza
Kaiser Permanente
Kerby's Fish & Chips
Means Nursery
Ol' Pastime Tavern
Outpost 30
Rainier Chevron Food Mart
Rainier True Value
Red Lobster
Sound Authority
Teri's Restaurant
The Cornerstone Cafe
Triangle Bowl

Cap "N' Yoby
City of Rainier
Columbia Food Bank
Deer Island Grange
Delaware Plaza
Eagles
Foster Farms
Fred Meyer
Guadalajara
InRoads
Miracle Ear
Monarca mexican
Nys Tree Farm
Napa Auto
Rainier Hstorical Museum
Rainier Liquor Store
Rainier Subway
The Dog Zone
United Way
US Gypsum
Vernie's Pizza



"A Great Place...For Great People"

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Rainier, OR 97048***

