

48 W 7th Street, Rainier, OR 97048 E-mail: RainierSeniorC@gmail.com Phone: 503-556-3889 Web: RainierSeniors.com

February 2022

Important Notice

Effective Immediately, Assurance Wireless will no longer support Lifeline applications

for FREE cellphone and data service in Oregon. Existing customers with Assurance Wireless will continue to receive Free cellphone and data service through **March 31**, **2022**

Assurance Wireless will issue several notices in the form of text messages and a letter to existing customers with options available to them.

For any potential new customers, please visit the website: www.oregon.gov/puc/Pag-es/Free-service.aspx for information about FREE wireless service options.

Please note that Access Wireless provides a FREE phone but enTouch Wireless does NOT.



Meals Served for November: 953 Volunteer Hours: 402 **Board Members**

Riverside Review

Volume 2022 Issue 2

President: Jan Rich Vice-President; Debra Elliott Secretary: Darnell Willis Treasurer: Rachel Kelley At Large: Keith Ekstrom, Sue Beavers and Joanne Bernard

Newsletter Editor: Beth Bailey



Valentine Card Making sponsored by RSVP was a success!

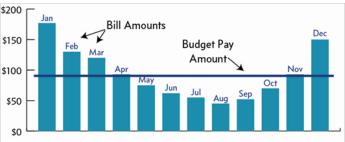
Our ladies made 236 cards to be distributed to Columbia County veterans.

Rainier Senior Center Hours 9:30 am to 2:00 pm Monday through Friday Gift Shop 10:00 am-2:00 pm

March is Your Chance to Enroll in Budget Pay

Would you like to remove surprises from your monthly power bill? Enroll in Columbia River PUD's Budget Pay program and pay the same amount every month of the year.

With Budget Pay, the PUD calculates your payment based on your electric usage over the previous year. That amount is divided into 12 equal payments for the coming year. The amount is adjusted annually in March, so customers currently enrolled in Budget Pay may see their payment amount change next month.



To enroll, you need at least 12 months of account history at your current location and a \$0 balance. Accounts not kept current will be switched back to standard billing.

New Budget Pay plans are only set up in March. Want to enroll?Please call our Customer Accounts Department at (503) 397-0590 or email info@crpud.org.



A COMMUNITY-OWNED UTILITY



Monday	Tuesday	Wednesday	Thursday	Friday
31 Taco Salad Chips Peaches	1 Cheese Burgers Fries Vegetable	2 Tuna Loaf Green Beans Tartar Sauce Carrot Raisin Salad	3 Crispy Chicken Salad Bread	4 Patty Melt on Rye Swiss Cheese Grilled onions Chips Apricots
7 Broccoli Soup Egg Salad sandwich Fruit	8 Taco Tater Tot Casserole Coleslaw	9 Chicken Patty on a bun Lettuce/ tomatoes Chips	10 Hot Dogs on a bun Chips Baked beans Potato Salad	11 Western Beef Stew Bisccuit Fruit Salad
14 Baked Ham Mashed Potato Corn Salad Roll	15 Spaghetti / meatsauce Cottage Cheese Garlic Bread Salad	16 Minestrone Soup Cheese Sandwich Jello Salad	17 Chicken Pasta Primavera Bread Salad	18 Chicken Fried Steak Mashed Country Gravy Vegetables Roll
21 Beef Tips & Gravy Mashed potatoes Vegetables Roll	22 Pork Loin Chops Mashed Potatoes Gravy Corn German Slaw	23 BBQ Chicken Macaroni Salad Baked Beans Vegetable	24 Meat Laof Mashed Gravy Vegetables Salad	25 Roast Beef Potatoes, Carrots Gravy Roll Salad
28 Stuffed Pepper Casserole Cole Slaw	1 Hot roast Beef Sandwich Mashed Potato Gravy Cooked Carrots	2 Egg Flower Soup Grilled Ham & Cheese Sandwich	3 Chicken Casserole W/rice Beets Bread	4 Fish & Chips Coleslaw Fruit

All to go meal orders need to be in no later than 9:00 am. Menu is subject to change without notice. \$5 for over 60 and \$7 for under 60.



Happy Birthday to our February Birthday Members

Birthday Flower: Violet Birthstone: Amethyst

If your birthday is not listed or wrong, please contact the reception desk

- 2/2 Nile Scott
- 2/4 James Melton
- 2/7 Alice Cash
- 2/13 Jean Walker

- 2/14 Beth Bailey
- 2/17 Willard Conley
- 2/18 Dodie Burton
- 2/19 Donna Riggs
- 2/22 Carla Bodenhamer



Please Register your rewards program to designate the Rainier Senior Center as the non-profit



The Rainier Senior Center can earn money from Fred Meyer by anyone who shops there and signs up for the Community Rewards Program.

Link your card to: **Rainier Senior Citizens** - or use our non-profit number **AH614******. Go to fredmeyer.com/communityrewards

You still get your reward points, fuel points and rebates just the same!

Look at example \rightarrow

to the center.

February Volunteer of the Month is Sharon Jump

Sharon is a dedicated volunteer! She delivers Meals-on-Wheels two days a week and fills in any other time needed. Weather permitting, she enjoys working in her yard and walking her dog at the park. Thank you, Sharon, for all you do to help the center.



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Rainier Senior Center Activities

BINGO will be Every Monday at 2:00 PM

questions call 503 556 3889 before 12:30

Thursday activity: CARDS

Feb. 3 Hand & Foot Feb. 10 Pinochle Feb. 17 Hand & Foot Feb. 24 Pinochle Call Center for information

Hooks & Needles canceled 3/1/22

Unfortunately, all eating in the center must be eliminated until further notice. This includes bingo and cards. Masks must be worn in the center. Hopefully, this won't last long.

Please be patient.

Debra Kranyak with Kaiser will be at the center on 2/8/2022

from 10 am -12 pm

The Importance of NAPIS Forms: NAPIS (National Aging Program Information System) forms are used to collect data used by Oregon's Department of Human Services. This data determines the distribution of funds to our center. It is strongly urged that the form be completed front and back. Without the back being completed, DHS may decide that our center doesn't need the money. So, PLEASE, fill out a NAPIS and complete side one and two. Names are NOT used in the collection process. If you have questions, talk with Carla. My wife and I went into town to do some shopping. When we came out, there was a policeman writing out a ticket. I went up to him and said, "How about giving a senior citizens a break?" He ignored us and kept writing the ticket. Then I called him a heartless public servant. He glared at me and started writing another ticket for having worn out tires. So my wife told him his mother would be ashamed of him. He finished the second ticket and put it on the windshield and started writing more tickets. This went on for about 20 minutes. The more we scolded him the more tickets he wrote. He finally finished and walked away. then our bus arrived and we got on it and went home.



AARP is offering virtual driving classes through Zoom \$20 for AARP members \$25 for non-members For a list of all the classes and ability

to register at: http://aarp.cvent.com/DSVirtual



Donate Your Return Bottles or Cans to Rainier Senior Center Your Donations are Appreciated

Rainier Senior Center Supporters

B Street Coffee **Canterbury Inn Canterbury Gardens Columbia River PUD Columbia Carpet One** Costco **Country Financial Dutch Bros El Tapatio** Hometown Pizza **Kaiser Permanente** Kerby's Fish & Chips Means Nursery **Ol' Pastime Tavern** Outpost 30 **Rainier Chevron Food Mart Rainier True Value Red Lobster Sound Authority** Teri's Restaurant The Cornerstone Cafe **Triangle Bowl**





"A Great Place...For Great People"

Rainier Senior Center 48 West 7th Street Rainier, OR 97048