

**Riverside Review** Volume 2021

Issue 11 November 2021

48 W 7th Street, Rainier, OR 97048 *E-mail: RainierSeniorC@gmail.com* 

Phone: 503-556-3889 Web: RainierSeniors.com

### The Gift Shop is open Monday through Friday 10 am -2 pm

There are some beautiful additions. Come see the new creations from our local talent. It's never too early to think about the holidays!



**Holiday Bazaar November 6th** 

November brings Holiday Bazaars and the center is having their bazaar on November 6th from 9-3. Several friends will have tables filled with unique items for sale. The center will also have items in addition to a variety of homemade zucchini bread.

**Meals Served for September:** 987 Volunteer Hours: 461

**Board Members** 

**President:** Jan Rich Vice-President: Debra Elliott Secretary: Darnell Willis **Treasurer:** Rachel Kelley At Large: Keith Ekstrom, Sue Beavers and Joanne Bernard

Newsletter Editor: Beth Bailey



November sign up for Medicare. Here are some dates where the center will be hosting insurance representatives with information for the 2022 Medicare coverage or Prescription Drug plan. November 9 and 18, 10-12, Michael Leipzig, with Schultz Financial November 12 10-12, Jess Matza, United Healthcare November 16 9-12, Debra Kranyak with Kaiser Foundation

> **NEW Hours Rainier Senior Center Hours** 9:30 am to 2:00 pm **Monday through Friday**

## Help Avoid Delays with Your Electric Bill

You can avoid delays with your electric bill by using Columbia River PUD's Pay-By-Phone option or signing up for the PUD's Paperless Billing and Auto Pay programs.

Some customers have experienced delays of 2-3 weeks in receiving their bills because of ongoing delays with the mail service. You can opt into Paperless Billing to receive a digital notification the moment your power bill is available.

The issues with the postal service have also caused some payments to be delayed by up to four weeks. By using Pay-By-Phone, you can avoid any lag time in the mail. If you enroll in Auto Pay, your bill will be paid automatically on or around the same date every month.

You can learn more about these programs or pay over the phone during business hours by **calling** (503) 397-0590. To pay by phone after hours or on weekends, please call (888) 301-7388.







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### Daniel Garrison, CPA, 2114 Columbia Blvd, St Helens, OR 97051 Email: dan@drgtax.com 503-366-0994

...for quality, personalized financial guidance for individuals and businesses. Dan can do your basic tax management and accounting or help with more in-depth services such as audits, financial statements and financial planning.



November Menu 2021				
Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
BBQ Meatballs Rice Veggies	Broccoli Soup Tuna Sandwich 3 bean salad	Porcupine Casserole Veggie Peaches Coleslaw	Smothered Pork Chops in Mushroom Gravy Mashed Potatoes Green Salad Roll	Oven roasted Chicken Mashed Potatoes & Gravy Corn Fruit
8	9	10	11	12
Goulash Green Beans w/bacon Bread Pears	Malibu Chicken Roasted Reds Mixed Vegetables	Corn Chowder RoastBeef Sandwhich Fruit	Beef Tamale Pie Coleslaw Chips	Chicken Fried Steak Mashed Potatoes Country Gravy Beets
15	16	17	18	19
Meat Loaf Baked Potato Mixed Veggies	Potato Soup Fruit Salad Biscuit	Tater Tot Casserole Mixed Vegetables Coleslaw	Patty Melt Chips 3 Bean salad	Chicken pot Pie Green Salad Fruit
22	23	24	25	26
Pinto Bean & Ham Soup Corn Bread	Hamburger Gravy/ Mashed Potatoes Green Beans with Bacon	Turkey Dinner Stuffing Mashed Potatoes Grreen Beans Roll Salad	Thanksgiving CLOSED	CLOSED
29	30	1	2	3
Ham in Scalloped Potatoes Corn Roll	Taco Soup Chips Fruit Salad	Turkey Ala King Stuffing / Mashed Potatoes Gravy Green Beans	Ham & Cheese Quiche Fruit English Muffins	BBQ Drumsticks Macaroni Salad Chips Fruit Roll
Rainier Senior Center Lunch Menu 503-556-3889 www.RainierSeniors.com All to go meal orders need to be in no later than 9:00 am. Menu is subject to change without notice. \$5 for over 60 and \$7 for under 60.				



## Happy Birthday to our November Birthday Members

Birthday Flower: Chrysanthemum Birthstone: Topaz

If your birthday is not listed or wrong, please contact the reception desk

- 11/4 Barbara Hendricks
- 11/4 Sharon Jump
- 11/6 Rosalie Herstrom
- 11/8 Billy Redding
- 11/8 Cynthia Scott
- 11/11 Deiter Oetmann
- 11/17 Sue Beavers

- 11/19 Donald Wallin11/22 Verna Gilbert11/24 Michael Clark
- 11/26 Harold Tipton
- 11/29 Shirley M. Greer
- 11/29 Mary Stupfal



# Please Register your rewards program to designate the Rainier Senior Center as the non-profit



The Rainier Senior Center can earn money from Fred Meyer by anyone who shops there and signs up for the Community Rewards Program.

Link your card to: **Rainier Senior Citizens** - or use our non-profit number **AH614**\*\*\*\*.

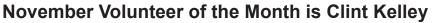
Go to fredmeyer.com/communityrewards

You still get your reward points, fuel points and rebates just the same!

Look at example  $\rightarrow$ 

to the center.

Check to make sure your rewards card is connected



Clint Kelley has been a member of the Senior center since 2013. He has served on the Senior Center Board and been an integral part of the community. He was a foster parent for 17 years.

Clint does a superb job on decorating for various events and has become a fantastic Leprechaun to inspire others to donate and support the center. He also helps with the recycling of the bottles and cans donated. Clint, we appreciate your dedication and service to the center.



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## **NOVEMBER EVENTS**

#### **BINGO at 6 pm Mondays**

Bingo is open on Mondays. You must wear a mask while in the building whether vaccinated or not. Start time is 6:00 \$5 per card; .50 for black out game per card

**Senior Center Fundraiser** We will be selling bread and muffins. We have blueberry, plain, and chocolate chip.

Small loaves are \$4.00 Regular size loaves are \$6.00 Muffins are 4 for \$2.00

HOLIDAY BAZAAR Saturday, November 6 at the Senior Center 9am to 3 pm Support your local artisans Shop small, shop local



## The Importance of NAPIS Forms:

NAPIS (National Aging Program Information System) forms are used to collect data used by Oregon's Department of Human Services. This data determines the distribution of funds to our center. It is strongly urged that the form be completed front and back. Without the back being completed, DHS may decide that our center doesn't need the money-So, PLEASE, fill out a NAPIS and complete side one and two. Names are NOT used in the collection process.

If you have questions, talk with Carla.



P O Box 216, Clatskanie, OR 97016 503-728-2163 Open Monday through Thursday 7 am-5:30 pm



Thanksgiving Take-Out Dinners November 20 \$14 pd in advance by 11/17 \$17 at pick-up Pick-up Nov 20 12-2 pm See flyer for details

## For a Donation to the Center

Check out the racks inside the dining area. We get donations of everything from drinks to over-the-counter pills. We now have an assortment of cheeses: Mini Brie, Meunster Slices, Pepper Jack bricks, Mozzarella balls and more.





Donate Your Return Bottles or Cans to Rainier Senior Center Your Donations are Appreciated

#### **Rainier Senior Center Supporters**

**B** Street Coffee **Canterbury Inn Canterbury Gardens Columbia River PUD Columbia Carpet One** Costco **Country Financial Dutch Bros El Tapatio Hometown Pizza Kaiser Permanente** Kerby's Fish & Chips Means Nursery **Ol' Pastime Tavern** Outpost 30 **Rainier Chevron Food Mart Rainier True Value Red Lobster Sound Authority** Teri's Restaurant The Cornerstone Cafe **Triangle Bowl** 

Cap "N' Yoby **City of Rainier Columbia Food Bank Deer Island Grange Delaware Plaza Eagles Foster Farms Fred Meyer** Guadalajara InRoads Miracle Ear Monarca mexican **Nvs Tree Farm** Napa Auto **Rainier Hstorical Museum Rainier Liquor Store Rainier Subway** The Dog Zone **United Way US Gypsum** Vernie's Pizza



"A Great Place...For Great People"

Rainier Senior Center 48 West 7th Street Rainier, OR 97048