



Riverside Review

Volume 2021

Issue 7

July 2021

48 W 7th Street, Rainier, OR 97048
E-mail: RainierSeniorC@gmail.com

Phone: 503-556-3889
Web: RainierSeniors.com

Donations! Donations!



Jan Rich, RSC President, receives \$1,000 donation from the Masonic Lodge members, Mayor Jerry Cole and Mike Kreger. Donations from the Waste Treatment Clean up was \$358. This will help our Nutrition Program.

Home Delivery Drivers NEEDED!

We are in great need for Home Delivery drivers. A background check needs to be completed which you can pick up at the center Monday thru Friday. Our Seniors Look Forward to Seeing Us Delivering Their Meals! It means so much!

Meals Served for May: 1037
Volunteer Hours: 404

Board Members

President: Jan Rich
Vice-President: Debra Elliott
Secretary: Darnell Willis
Treasurer: Rachel Kelley
At Large: Keith Ekstrom, Sue Beavers and Joanne Bernard

Newsletter Editor: **Beth Bailey**



Hours

Rainier Senior Center Hours
9:30 am to 2:30 pm
Monday through Friday

Protect Your Home from Wildfire

Wildfires in the Pacific Northwest have increased in frequency and severity the last couple of years.

With this year's dry spring and predicted drought, many people are wondering if we may see a repeat of last year's devastating wildfire season.

Although we can't predict the future, Columbia River PUD is taking action to prepare for the summer months. Determining ways to mitigate fire danger has become a growing priority for electric utilities.

You can help keep yourself safe. Here are a few things you can do to help protect your home from wildfires:

- Create a 30-foot non-combustible buffer around your home
- Stack firewood away from your home.
- Clean gutters before fire season and keep them free of debris.
- Dispose of yard debris safely. This may mean composting, recycling, or chipping instead of burning.
- Trim branches along your driveway and your home.

Contact CRPUD at 503-397-1844 to trim branches near power lines.



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PUD

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July Menu



Monday	Tuesday	Wednesday	Thursday	Friday
28 Pork Stirfry Vegetables Rice	29 Tamale Pie Chips Salasa/ Sour Cream	30 Spaghetti Bread Green Salad	1 Navy Bean Soup Broccoli Salad Apple/ orange slices Corn Bread	2 Grilled Tuna & Cheese Whole Grain Bread Dinner Salad Carrots Fruit Cocktail
5 Closed	6 Chef Salad Ham/ Turkey/Cheese/Egg Fresh Fruit	7 Home Made Chicken Noodle Soup Green Salad Fruit	8 Sirloin Tips/Mushroom Gravy Buttered Noodles Mixed Green Salad Fruit	9 Hamburger Gravy Mashed Potatoes Mixed Vegetables Sliced Peaches
12 Polish Sausage Macaroni & Cheese Beets Fruit Salad	13 BBQ Drumsticks Macaroni Salad Broccoli Peaches Whole Wheat roll	14 Pasta Primavera Mixed Green Salad Pineapple tidbits Cottage Cheese Whole Wheat Bread	15 Roast Pork Stuffing Green Beans Mixed Fruit Dinner roll	16 Cream Of Potato Soup Egg Salad Sandwich Pickle Slice Melon Balls w/ Cantaloupe
19 Pasties Mixed green salad Sliced Carrots Pears	20 Chicken fried Seak Mashed Potatoess & Gravy Cauliflower w/cheese Apple Slices / Bread	21 Roast Turkey Mashed Potatoes/gravy Stuffing Green Beans Mixed Fruit	22 Stir Fry Pork Mixed Green Salad Cottage Cheese/Fruit Cantaloupe Melon	23 Spaghetti Meat Sauce Pasta Mixed Green Salad Apricots Garlic Bread
26 Taco Salad Hamburger/cheese Mixed Greens/salsa Corn chips Mandarin Oranges	27 Cabbage Roll Casserole Sliced Tomatoes Yogurt w/ fruit Sliced Bread	28 Tuna Noodle Casserole Green Beans Apricots Dinner roll	29 HamburgerTater Tot Casserole Green Beans Peaches Whole Grain roll	30 SalisburySteak Mashed Potatoes/Gravy romaine salad Cauliflower Mixed Fruit

Rainier Senior Center Lunch Menu

503-556-3889

www.RainierSeniors.com

All to go meal orders need to be in no later than 9:00 am.

Menu is subject to change without notice. \$5 for over 60 and \$7 for under 60.



Happy Birthday to our July Birthday Members

Birthday Flower: Waterlily Birthstone: Ruby

If your birthday is not listed or wrong, please contact the reception desk

7/1 Chan Perrill
7/1 Linda Larson
7/4 Margaret Brady
7/4 Teri Williams
7/4 Robin Hungerford
7/5 Russ Moon
7/8 Connie McGlone
7/8 Sandra Mitchell
7/10 Sandra Fjeldheim
7/12 Darlene Pearce
7/12 Melanie Elbert
7/16 Inez Glaze
7/17 Sheridian Holland

7/17 Steve Sandhal
7/17 Lowell Norbom
7/19 Welda Jones
7/20 Harold Morton
7/21 Phyllis Cox
7/22 Leona Zimmer
7/23 Randy Bailey
7/24 Theresa Knox
7/25 Ken Sold
7/27 Jack Hendrickson
7/29 Camilia Onescu
7/29 Mary Jones
7/31 Jody Tucker
7/31 Barbara Clark

**Please Register your rewards program to designate the
Rainier Senior Center as the non-profit**



**Help Our
Senior Center
Earn Money!**

Register Today!

We received \$58.03 for
1st Quarter from 42 families.
Check to make sure your
rewards card is connected
to the center.

Look at example →



The Rainier Senior Center can earn money from
Fred Meyer by anyone who shops there and signs
up for the Community Rewards Program.

Link your card to:

Rainier Senior Citizens

- or use our non-profit number **AH614******.

Go to fredmeyer.com/communityrewards

**You still get your reward points, fuel
points and rebates just the same!**

**Rainier Senior Center wants to acknowledge
the RSC Volunteers who work to get the Newsletter out.**



The center would like to acknowledge the folks who help to put our newsletter together
starting with our **Editor, Beth Bailey**. **Joan Hackathorn** coordinates the people who
generously come to fold and label the newsletters. All of you provide a valuable service
to this center and it is greatly appreciated.

Thank you for your invaluable time.

NEW JULY EVENTS

GIFT SHOP OPENING

Starting July 1st, the center's gift shop will be open Monday through Friday 10am to 2:00pm. Come see all the beautiful things everyone has been working on.

July 5- BINGO at 6 pm

(although Center is closed that day)

Bingo is open on Mondays starting July 5th but you must wear a mask unless vaccinated. **Start time is 6:00**
\$5 per card; .50 for black out game per card

JULY 10

Park at the senior center for the fireworks **starting at 5:00 pm**. The cost is **\$5** and the money raised will go to the nutrition program.

JULY 14

There will be a **Columbia Rider bus** to take us to the fair on **Wednesday, July 14th**.

Pickup time to be announced. Unfortunately, reserved seats had to be in by the 30th of June. I have requested **10 seats** so will have to cut off requests at that number (there are **3 people signed up so far**). Please call the center at 503-556-3889 to reserve your seat.

Welcome our new Board of Directors!

President:

Jan Rich

Vice President:

Debra Elliott

Secretary:

Darnell Willis

Treasurer:

Rachel Kelley



At Large: Sue Beavers, Keith Ekstrom,
Joanne Bernard



P O Box 216, Clatskanie, OR 97016

503-728-2163

Open Monday through Thursday
7 am-5:30 pm



AARP Driver Safety Classes September 1, 2021

is the new schedule to begin introducing in-person. In the meantime, online classes are available with a 25% discount through August 31, 2021. the website is

www.aarpdriversafety.org

Promo code for discount is DRIVING-SKILLS



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Your Return Bottles
or Cans to
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are Appreciated**



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Rainier Liquor Store
Rainier Subway
The Dog Zone
United Way
US Gypsum
Vernie's Pizza**



"A Great Place...For Great People"

***Rainier Senior Center
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Rainier, OR 97048***