



Riverside Review

Volume 2021

Issue 2

February 2021

48 W 7th Street, Rainier, OR 97048
E-mail: RainierSeniorC@gmail.com

Phone: 503-556-3889
Web: RainierSeniors.com



**Want to celebrate Valentine's Day
but don't want to cook?**

Valentine's Dinner
Saturday, February 13th
Take out meal
\$12

The center is offering a delicious take out Valentine's dinner on Saturday, February 13th with pick-up from 2pm to 4pm. Wendy will be making: Waldorf salad, Chicken Cordon Bleu, Potatoes, Vegetables, a roll and she's going to surprise us with a spectacular dessert! Reservations and payment of \$12 must be made by February 10th.

Meals Served for December:
1072
Volunteer Hours: 404.50

Board Members

President: Jan Rich
Vice-President; Debra Elliott
Secretary: Carla Bodenhamer
Treasurer: Rachel Kelley
At Large: Keith Ekstrom, Sue Beavers
and Joanne Bernard

Newsletter Editor: ***Beth Bailey***

**Outdoor
YARD
SALE
April 10**

**The center will be having an outside yard
sale April 10th. For details and table
rentals contact Rachel at
503-369-6382.**

Hours
Rainier Senior Center Hours
9:30 am to 2:30 pm
Monday through Friday

Pay the Same Amount Year-Round

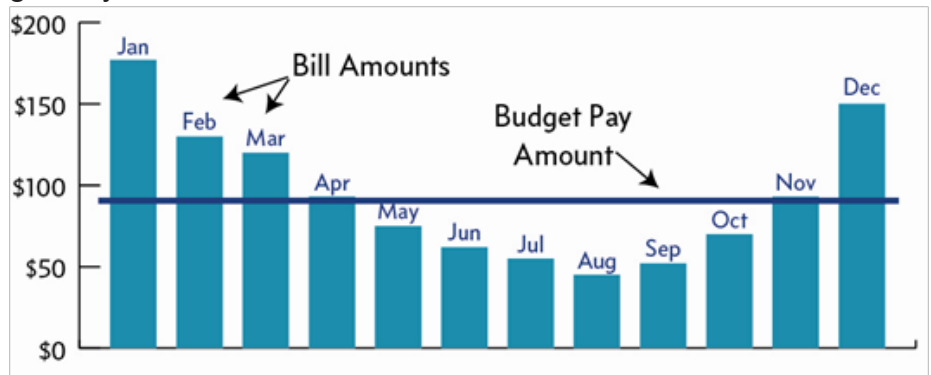
Worried about high winter electric bills? Consider enrolling in Columbia River PUD's Budget Pay program.

With Budget Pay, you pay the same amount every month, all year long. That's why Diana in St. Helens enrolled.

"I think the Budget Pay program is great. I use it because there are no surprises for one year, from March to February. It makes it much easier to budget that way," Diana said.

The PUD enrolls customers in the Budget Pay program in March. To enroll, you must have a \$0 balance and at least 12 months of account history at your current location. Each year in March, the PUD reviews your usage from the previous year to set your monthly billing for the coming year.

To sign up for Budget Pay or to learn more about the program, call the PUD's Customer Accounts Department at (503) 397-0590, or visit crpud.net/budgetpay.



A COMMUNITY-OWNED UTILITY



- Retirement Income Planning
 - Wealth Management
 - Tax & Estate Planning
 - Medicare/Health Insurance
- Visit our website or call to schedule your complimentary consultation.

www.Schultzfs.com

503-543-3844

Daniel Garrison, CPA,
2114 Columbia Blvd,
St Helens, OR 97051
Email: dan@drgtax.com
503-366-0994

...for quality, personalized financial guidance for individuals and businesses. Dan can do your basic tax management and accounting or help with more in-depth services such as audits, financial statements and financial planning.



**UNDERSTANDING
MY MEDICARE**



Beth Moffett
Licensed Broker

Phone: 503.987.1113
Toll-Free: 1.800.424.1199
Fax: 503.987.1769
P.O. Box 859
Scappoose, OR 97056
beth@understandingmymedicare.com

www.UnderstandingMyMedicare.com

February Menu 2021

Monday	Tuesday	Wednesday	Thursday	Friday
1 Meat Loaf Mashed Potato Salad Veggie Bread	2 Chicken Patty on a bun Macaroni Salad Chips	3 Goulash Green Beans with Bacon Roll or Garlic bread	4 Tater Tot Casserole Vegetable	5 Turkey Stuffing Mashed Potatoes Corn
8 Breakfast casserole Cottage Cheese & Fruit Biscuit	9 Taco Soup Tortilla chips Fruit jello salad	10 Chicken Salad Sandwiches Green Salad Chips	11 Oven Fried Chicken Potato Salad Fruit	12 White Chicken Chili Tortilla Chips Corn bread 
15 Smothered Pork Chop/Mashed Potatoes Mushroom Gravy Green Salad Roll	16 BBQ Meatballs over Rice Coleslaw Tater Tots	17 Roast Beef Potatoes & carrots Gravy Salad	18 Creamy Ham W/noodles 3- Bean Salad	19 Chicken Fried Steak Mashed Potatoes Vegetable
22 Cheese Burgers Chips Macaroni Salad	23 Baked Ham Mashed Potatoes Corn Vegetables	24 Chicken Pockets Coleslaw	25 Vegetable Soup Grilled Cheese Sandwich	26 Tuna Fish & Noodles Vegetables Bread



Rainier Senior Center Lunch Menu

503-556-3889

www.RainierSeniors.com

All to go meal orders need to be in no later than 9:00 am.

Menu is subject to change without notice. \$5 for over 60 and \$7 for under 60.



Happy Birthday to our February Birthday Members

Birthday Flower: Violette Birthstone: Amethyst

If your birthday is not listed or wrong, please contact the reception desk

2/2 Nile Scott
2/4 Thomas Ramey
2/5 Ed Hayslip
2/7 Alice Cash
2/8 Sam Tift
2/10 Rachael McArdle



2/13 Jean Walker
2/14 Beth Bailey
2/14 Dale Patton
2/17 Willard Conley
2/17 Dayton Thorp
2/18 Dodie Burton

**Please Register your rewards program to designate the
Rainier Senior Center as the non-profit**



**Help Our
Senior Center
Earn Money!**

Register Today!

We received \$61.72 for
3rd Quarter from 42 families.
Check to make sure your
rewards card is connected
to the center.

Look at example →

Total July Fuel Points: 16
*****8
*****B
Rewards or Fuel Program Questions?
Details at www.fredmeyer.com/rewards
or Contact us at 1-866-518-2686
Monday-Friday 5AM to 9PM PST
*****B

SAVE THIS RECEIPT FOR REFUNDS
OR ADJUSTMENTS

Thank you for participating in
2017 Fred Meyer Community Rewards
You requested Fred Meyer donate to
Rainier Senior Citizens, Inc.



9102018570117101071707181135
THANK YOU FOR CHOOSING FREDDY'S!
www.fredmeyer.com

The Rainier Senior Center can earn money from
Fred Meyer by anyone who shops there and signs
up for the Community Rewards Program.

Link your card to:

Rainier Senior Citizens

- or use our non-profit number **AH614******.

**You still get your reward points, fuel
points and rebates just the same!**

Rainier's Volunteer For February; Beth Bailey

Beth Bailey has been a resident of Rainier since 1987 and center member since 1991. Beth is a valuable asset to our center as a meals on wheels driver. She also took on the newsletter editor's job in 2015. Besides the center, she has volunteered to do outreach to Senior shut-ins at her church in Longview for 8 years.

She was an Art and French teacher in Rainier School District. She continues teaching French online to high school students all over Oregon with Oregon Virtual Education District. Many thanks to Beth for all she does for the Senior Center.



Planning Ahead



Even though we won't be able to have our Luck of the Draw St. Patrick's raffle, we will be able to offer the center's wonderful

**Corn Beef and Cabbage lunch
on Wednesday
March 17th**

Details will be in the March newsletter and I have a feeling the leprechaun will be around that day.

Unfortunately there will be no tax preparation at the center this year. They will only be at the St Helens and Scappoose centers. Remember taxes cannot be filed until February 12th.



Donate
Your Return Bottles
or Cans to
Rainier Senior Center
Your Donations
are Appreciated

Are you sad or lonely? CALL
503-200-1633, 800-282-7035 or
SeniorLonelinessLine.org



P O Box 216, Clatskanie, OR 97016
503-728-2163
Open Monday through Thursday
7 am-5:30 pm



**Senior Center Gift Shop
Re-Opens Feb 1
Monday thru Friday
10:00 am-2:00 pm**

Need some shopping therapy? The center's gift shop will be open in February, M-F 10am to 2pm.

Lots of new and one of a kind items.

**VOLUNTEERS
DO NOT
NECESSARILY
HAVE THE TIME;
THEY HAVE
THE HEART**

ELIZABETH ANDREW

Rainier Senior Center Supporters

**B Street Coffee
Canterbury Inn
Canterbury Gardens
Columbia River PUD
Columbia Carpet One
Costco
Country Financial
Dutch Bros
El Tapatio
Hometown Pizza
Kaiser Permanente
Kerby's Fish & Chips
Means Nursery
Ol' Pastime Tavern
Outpost 30
Rainier Chevron Food Mart
Rainier True Value
Red Lobster
Sound Authority
Teri's Restaurant
The Cornerstone Cafe
Triangle Bowl**

**Cap "N' Yoby
City of Rainier
Columbia Food Bank
Deer Island Grange
Delaware Plaza
Eagles
Foster Farms
Fred Meyer
Guadalajara
InRoads
Miracle Ear
Monarca mexican
Nys Tree Farm
Napa Auto
Rainier Hstorical Museum
Rainier Liquor Store
Rainier Subway
The Dog Zone
United Way
US Gypsum
Vernie's Pizza**



"A Great Place...For Great People"

***Rainier Senior Center
48 West 7th Street
Rainier, OR 97048***