



Riverside Review
Volume 2021 Issue 12 December 2021

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November Highlights

The Holiday Bazaar was fun and successful for all who rented tables. This year there were some unusual gifts as well as the tried and true. We hope to see everyone next year.

Thank You!

A HUGE thank you to **Deer Island Grange** for the donation to us to buy turkeys. The center saw **63 meals** go out the door.

Thank you Wendy for making such a wonderful meal with that scrumptious cheesecake for dessert.

ZUCCHINI BREAD

We still have Zucchini Bread Loaves for sale:

large \$6
medium \$5
small \$4

Board Members

President: Jan Rich
Vice-President; Debra Elliott
Secretary: Darnell Willis
Treasurer: Rachel Kelley
At Large: Keith Ekstrom, Sue Beavers and Joanne Bernard

Newsletter Editor: **Beth Bailey**



Volunteers Needed

Save-the-Date
January 17
1-3 PM

Monica from RSVP would like some volunteers to help make Valentine Cards to be given to our veterans.

You do not have to be creative. They will have all the supplies but if you would like to bring some of your items to jazz them up, it would be appreciated.

Meals Served for October: 1003
Volunteer Hours: 436

Rainier Senior Center Hours
9:30 am to 2:00 pm
Monday through Friday
Gift Shop 10:00 am-2:00 pm

Know What to Do If Your Power Goes Out

1. Call your power company to report the outage. If you are a Columbia River PUD customer, **call (503) 397-1844**. Your call helps the PUD determine the extent and location of the outage so they can restore power quickly.

2. Turn on a front porch light switch. This helps let PUD crews easily know when power is restored. Turn on a lamp inside your home so you'll know also.

3. Unplug sensitive electronic equipment and turn off large appliances like electric furnaces and water heaters at the breaker.

4. If you have access to a generator, please operate it safely. Do not run gasoline-powered generators indoors.

5. Keep a Home Emergency Kit ready. Include two weeks' worth of food and water for every member of your family, including pets.

During major outages, Columbia River PUD provides regular updates on its Facebook page and on its website at crpud.net.



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December Menu 2021

Monday	Tuesday	Wednesday	Thursday	Friday
29 Ham & Scalloped Potatoes Corn Roll	30 Taco Soup Chips Fruit salad	1 Turkey Ala King Stuffing Mashed Potatoes Gravy Corn	2 Ham & cheese Quiche Fruit English Muffin	3 BBQ Drumsticks Macaroni Salad Chips Fruit Roll
6 Spaghetti w/meat Salad Garlic Bread	7 Meatloaf Mashed potatoes Gravy Veggie 3Bean Salad	8 Tuna Casserole Broccoli Pears Bread	9 Chef Salad with all the fixins fruit Bread Stick	10 Beef Stew Potatoe/Carrots/ Peas Biscuits
13 Chicken Fried Steak Mashed Taters Country Gravy Veggie	14 French Dip Hoagie Bun Potatoe Salad Chips	15 Tomato Soup Ham & Cheese Sandwich	16 Swiss Steak Baked Potato Veggie	17 Enchilada Casserole Coleslaw Chops
20 Chicken Casserole Rice Beets Fruit	21 Chili Corn Bread Salad	22 Hamburger Patty Mashed Potatoes/Gravy Corn Roll	23 Baked Ham Mashed Potatoes Vegetable roll	24 CLOSED
27 Clam Chowder Broccoli Salad Cheese Sandwich	28 Fried Chicken Mashed Potatoes Corn Salad	29 Meatballs over rice Vegetables Coleslaw	30 Goulash Garlic Bread Veggie	31 CLOSED

Rainier Senior Center Lunch Menu 503-556-3889 www.RainierSeniors.com
 All to go meal orders need to be in no later than 9:00 am.
 Menu is subject to change without notice. \$5 for over 60 and \$7 for under 60.



**Happy Birthday to our
December Birthday Members**
Birthday Flower: Holly Birthstone: Turquoise
 If your birthday is not listed or wrong, please contact the reception desk

- 12/2 Terri Simmons
- 12/4 Monie Lowe
- 12/5 Lyn West
- 12/9 Shirley Emerick
- 12/10 Joan Hackathorn
- 12/15 Eunice Chase
- 12/16 Debra Elliott

- 12/17 FairReen Bardonski
- 12/17 Ed Hegedus
- 12/17 Rachel Kelley
- 12/19 Judy Brown
- 12/19 Don Carnahan
- 12/27 Patrice Seawright



**Please Register your rewards program to designate the
Rainier Senior Center as the non-profit**



The Rainier Senior Center can earn money from Fred Meyer by anyone who shops there and signs up for the Community Rewards Program.

**Help Our
Senior Center
Earn Money!**

Register Today!

**We received \$59.80 for
2nd Quarter from 42 families.
Check to make sure your
rewards card is connected
to the center.**

Look at example →



Link your card to:

Rainier Senior Citizens

- or use our non-profit number **AH614******.

Go to fredmeyer.com/communityrewards
**You still get your reward points, fuel
points and rebates just the same!**

December Volunteers of the Month are the Board Members

We have a fantastic board that has been the glue that holds the Senior Center together. It's been a bumpy road with all th COVID restrictions and trying to provide services without compromising your health.

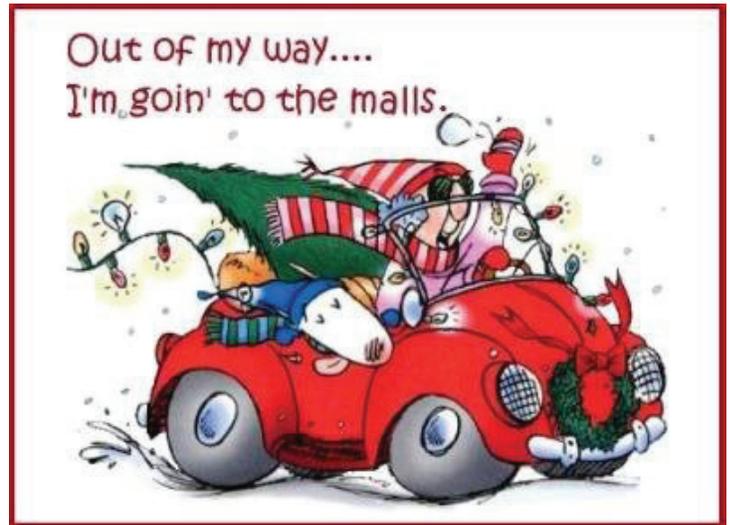
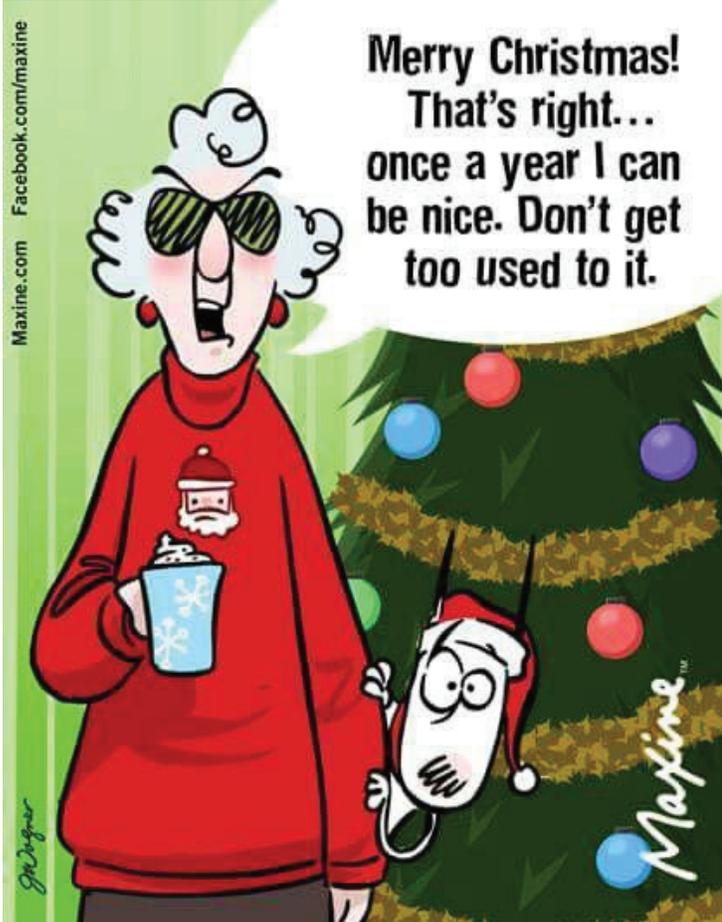
Thank you all for what you have done and achieved!
 Pictured left to right: Keith Ekstrom, Rachel Kelley, Debra Elliott, Sue Beavers, Joanne Bernard, and Jan Rich.
 Missing: Darnell Willias



BINGO will be the first Monday at **2:00 PM**
No Monday Night Bingo
 until further notice



P O Box 216, Clatskanie, OR 97016
 503-728-2163
 Open Monday through Thursday
 7 am-5:30 pm



The Importance of NAPIS Forms:
 NAPIS (National Aging Program Information System) forms are used to collect data used by Oregon's Department of Human Services. This data determines the distribution of funds to our center. It is strongly urged that the form be completed front and back. Without the back being completed, DHS may decide that our center doesn't need the money. So, PLEASE, fill out a NAPIS and complete side one and two. Names are NOT used in the collection process.
 If you have questions, talk with Carla.



Donate Your Return Bottles or Cans to Rainier Senior Center Your Donations are Appreciated

Rainier Senior Center Supporters

B Street Coffee
Canterbury Inn
Canterbury Gardens
Columbia River PUD
Columbia Carpet One
Costco
Country Financial
Dutch Bros
El Tapatio
Hometown Pizza
Kaiser Permanente
Kerby's Fish & Chips
Means Nursery
Ol' Pastime Tavern
Outpost 30
Rainier Chevron Food Mart
Rainier True Value
Red Lobster
Sound Authority
Teri's Restaurant
The Cornerstone Cafe
Triangle Bowl

Cap "N' Yoby
City of Rainier
Columbia Food Bank
Deer Island Grange
Delaware Plaza
Eagles
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Miracle Ear
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Nys Tree Farm
Napa Auto
Rainier Hstorical Museum
Rainier Liquor Store
Rainier Subway
The Dog Zone
United Way
US Gypsum
Vernie's Pizza



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