



Riverside Review

Volume 2021

Issue 4

April 2021

48 W 7th Street, Rainier, OR 97048
E-mail: RainierSeniorC@gmail.com

Phone: 503-556-3889
Web: RainierSeniors.com

**Our Resident Leprechaun
(Clint Kelley) was ready to
deliver 90 Plus Meals on
March 17, St Patrick's Day.**



**The Gift Shop
Will Be Closed
The Month of April**

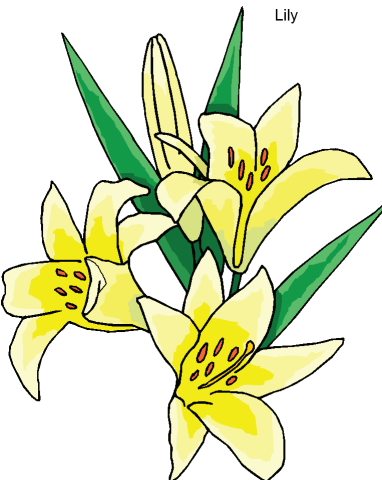
Board Members

President: Jan Rich
Vice-President; Debra Elliott
Secretary: Carla Bodenhamer
Treasurer: Rachel Kelley
**At Large: Keith Ekstrom, Sue Beavers
and Joanne Bernard**

Newsletter Editor: Beth Bailey



Rainier's senior center was the location for vaccinations on March 25th. There were 96 shots given to seniors. We do not know when the next clinic will be given. PLEASE do not call the center for appointments. Our role is simply to provide the space and provide Interest Forms if you don't have a computer or have a bad connection. Columbia County Health is the one you need to contact if you have questions regarding a vaccination. 503-397-7247.



**Happy
Easter
to all our
Members
and their
families**

Meals Served for February: 860
Volunteer Hours: 361

Hours
Rainier Senior Center Hours
9:30 am to 2:30 pm
Monday through Friday

Please Stay Safe from Scam Attempts

Please be wary of scam artists posing as Columbia River PUD employees.

Scammers will call or text message customers and threaten to shut off their power unless payment is made immediately. This is not something the PUD does.

Columbia River PUD will always make multiple attempts to contact you before your power is disconnected for late payment; however, the PUD does not send text message alerts for pending disconnection.

If you ever receive a phone call like this and you are unsure whether it's a PUD employee, please hang up and call the PUD at (503) 397-0590.

Do not be fooled by caller ID. Scammers can spoof the information to make it appear as though the call is coming from Columbia River PUD.

Never give out personal information about your bank account, credit card, or PUD account unless you have verified that the call is legitimately from the PUD.

The PUD also asks that you report any scam attempts to the PUD and to local police.



COLUMBIA RIVER
PUD
A COMMUNITY-OWNED UTILITY



- Retirement Income Planning
 - Wealth Management
 - Tax & Estate Planning
- Medicare/Health Insurance

Visit our website or call to schedule your complimentary consultation.

www.Schultzfs.com

503-543-3844

Daniel Garrison, CPA,
2114 Columbia Blvd,
St Helens, OR 97051
Email: dan@drgtax.com
503-366-0994

...for quality, personalized financial guidance for individuals and businesses. Dan can do your basic tax management and accounting or help with more in-depth services such as audits, financial statements and financial planning.



**UNDERSTANDING
MY MEDICARE**



Beth Moffett
Licensed Broker

Phone: 503.987.1113
Toll-Free: 1.800.424.1199
Fax: 503.987.1769
P.O. Box 859
Scappoose, OR 97056
beth@understandingmymedicare.com

www.UnderstandingMyMedicare.com

April Menu 2021

Monday	Tuesday	Wednesday	Thursday	Friday
29 Swedish Meatballs Buttered Noodles Pea Salad Roll	30 Hamburger Gravy over Mashed Potatoes Vegetable	31 Beef Enchilada Casserole Chips Salsa Sour Cream	1 Salisbury Steak Mashed Potatoes Vegetables Salad	2 Baked Ham Mashed Potato & Gravy Vegetables Roll
5 Meat Loaf Scalloped Potatoes Vegetables	6 Lasagna Vegetable Garlic Bread Salad	7 Pork Roast Potatoes/ Carrots Roll Coleslaw Apple Sauce	8 Shrimp Casserole Salad	9 Fried Chicken Red Potatoes Vegetables
12 Split Pea & Ham Grilled Cheese	13 Chicken Pockets Vegetables Side of Mac & Cheese	14 Western Beef Stew Salad Biscuit	15 Chicken Cheese Burgers Potato Salad Chips	16 Cabbage roll Casserole Cornbread Salad
19 Chicken Fried Steak Mashed Potatoes & Country Gravy Vegetables	20 Chicken Pot Pie Mixed Greens	21 Pork Chops Mashed Potatoes Vegetables Roll	22 Corn Chowder Deli Sandwich	23 Patty Melt Bean Salad Chips
26 Tortellini w/ Shrimp in cream sauce Vegetables Bread	27 Tater Tot Casserole Vegetables Salad	28 Baked Fish Rice Pilaf Veggie	29 Pasties Veggie Salad	30 Goulash Veggie Salad Garlic Bread

Rainier Senior Center Lunch Menu

503-556-3889

www.RainierSeniors.com

All to go meal orders need to be in no later than 9:00 am.

Menu is subject to change without notice. \$5 for over 60 and \$7 for under 60.



Happy Birthday to our April Birthday Members

Birthday Flower: Sweet Pea Birthstone: Diamond

If your birthday is not listed or wrong, please contact the reception desk

4/1	Olga Boyko	4/13	Bernice Jamieson
4/3	Ed Cash	4/16	Susan Willette
4/3	Carl Muller	4/16	R. Gary Jones
4/6	Judy Lepin	4/19	Gerald Price
4/6	Shirley Roberts	4/19	Barbara Foster
4/6	Julie Roberts	4/22	Bud Siltala
4/8	Glennis Roper	4/22	Janis Singleton
4/9	Genio Crowe	4/25	Joyce Oliva
4/9	David Jones	4/25	Shirley Fowler
4/13	George Hueth	4/26	Bob Burns
4/13	Ron Fadden	4/27	Marilou Jamieson
4/13	Pamela Hammons	4/28	Brenda Starr
		4/29	Norman Gressett

**Please Register your rewards program to designate the
Rainier Senior Center as the non-profit**



The Rainier Senior Center can earn money from Fred Meyer by anyone who shops there and signs up for the Community Rewards Program.

Link your card to:

Rainier Senior Citizens

- or use our non-profit number **AH614******.

Go to fredmeyer.com/communityrewards

You still get your reward points, fuel points and rebates just the same!

**Help Our
Senior Center
Earn Money!**

Register Today!

We received \$61.72 for
3rd Quarter from 42 families.
Check to make sure your
rewards card is connected
to the center.

Look at example →



Rainier's Volunteer For April: Sharon Jump

Sharon was born in Portland Ore, attended grade school in Goble and graduated from Rainier High. She lives in Rainier and until her beloved Choc Lab passed they walked to and around the park daily. Sharon told me she worked as a waitress for many years. She has been a volunteer with the center for about a year. Her hobbies and interests include crafting, yard work and tending to her flowers. Currently she is a MOW driver but is willing to be trained and take on any duty. Thank you, Sharon, for being a valued asset to our center.



We would like to give a HUGE shout out for everyone's generosity. Your donations not only help to keep the center going but also to help folks in need. The donations come from all over Columbia County as well as lower Washington. THANK YOU so much. Words are hard to find that express our appreciation.

APRIL SALE

There are still tables available for the outdoor garage sale on April 10th at the center.

\$10 to rent the table and a refundable \$20 for clean-up.

Contact the center or Rachel directly at 503-369-6382.

You must pay in advance as well as fill out a form.

Unfortunately there will be no tax preparation at the center this year. They will only be at the St Helens and Scappoose centers.



**Donate
Your Return Bottles
or Cans to
Rainier Senior Center
Your Donations
are Appreciated**

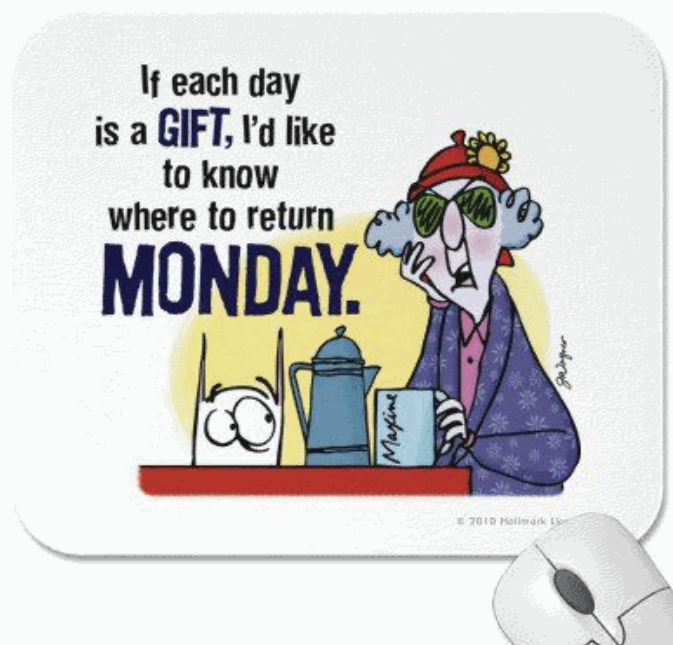
Are you sad or lonely? CALL
503-200-1633, 800-282-7035 or
SeniorLonelinessLine.org



P O Box 216, Clatskanie, OR 97016

503-728-2163

Open Monday through Thursday
7 am-5:30 pm



**Happy Easter
To Everyone!**



AARP Driver Safety Classes September 1, 2021

is the new schedule to begin introducing in-person. In the meantime, online classes are available with a 25% discount through August 31, 2021. the website is

www.aarpdriversafety.org

Promo code for discount is
DRIVINGSKILLS

Rainier Senior Center Supporters

**B Street Coffee
Canterbury Inn
Canterbury Gardens
Columbia River PUD
Columbia Carpet One
Costco
Country Financial
Dutch Bros
El Tapatio
Hometown Pizza
Kaiser Permanente
Kerby's Fish & Chips
Means Nursery
Ol' Pastime Tavern
Outpost 30
Rainier Chevron Food Mart
Rainier True Value
Red Lobster
Sound Authority
Teri's Restaurant
The Cornerstone Cafe
Triangle Bowl**

**Cap "N' Yoby
City of Rainier
Columbia Food Bank
Deer Island Grange
Delaware Plaza
Eagles
Foster Farms
Fred Meyer
Guadalajara
InRoads
Miracle Ear
Monarca mexican
Nys Tree Farm
Napa Auto
Rainier Hstorical Museum
Rainier Liquor Store
Rainier Subway
The Dog Zone
United Way
US Gypsum
Vernie's Pizza**



"A Great Place...For Great People"

***Rainier Senior Center
48 West 7th Street
Rainier, OR 97048***