



Riverside Review

Volume 2020

Issue 8

August 2020

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Thank You!

Thank you to all who have supported your center during this time. We have received an abundance of donations in the form of money and bottles/cans.

Believe me, all is appreciated. We would also like to thank the volunteers who take all the bottles to the drop site and help out at the center.



Got a Green Thumb?

The center is looking for volunteers to "adopt a plot"! No, not a burial site but an outside area at the center to maintain.

You would be responsible for the upkeep of the area you adopt. There are 12 areas left to adopt. The Center has any equipment you may need to do a good job.

Have FUN with your area.

For more information contact
Rachel at 503-369-6382.

Volunteer for July and August: Barbara Foster

Thanks for all you do for the center. Your work has been deeply appreciated.
Congratulations,
Barbara



Board Members

Jan Rich. Pres.

Carla Bodenhamer, V Pres.

Keith Ekstrom, Sec.

Rachel Kelley, Treasurer

At Large: **Clint Kelley, Barbara Foster, and Sue Beavers**

Newsletter Editor: **Beth Bailey**



Judy Brown, RSVP Princess for 2020, riding in the Rainier Days in the Park parade.



Support the
Senior Center
by donating time, money, or
Returnable cans/bottles
"Every little bit helps!"

Hours

Rainier Senior Center Hours
9:30 am to 2:30 pm
Monday through Friday

Electric Bills will have New Look Starting in September

When you open your September bill from Columbia River PUD, you will notice a new look. The PUD is changing its billing and software system, which includes changing the way the bill looks. Your electric service will continue as it always has while the billing statement gets a makeover. There are two changes that may require your attention once the PUD's system goes live on September 8:

- If you currently pay your bill automatically each month with a debit or credit card, you will need to re-enroll in the PUD's Auto Pay program.
- If you make recurring donations to GLOW, you will need to re-establish that donation.

To convert all of its data to the new system, the PUD needs a "Dead Week." The PUD will not be able to process payments from August 31 through September 7. Payments made during this time will be applied beginning September 8.

You also might notice a new line item on your bill called "Demand Charge." There is no charge associated with this line item at this time. The Demand Charge will be explained in greater detail in coming months.



A COMMUNITY-OWNED UTILITY

Michelle Moore with Columbia City Benefits Group (Medicare Agent) Has Retired
Michael Leipzig
from Schultz Financial Services
has replaced Michelle Moore

If you have any Medicare or retirement questions, contact **Schultz Financial Services** at:
503-543-3844 or visit their website:
www.schultzfs.com



Daniel Garrison, CPA,
2114 Columbia Blvd,
St Helens, OR 97051
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503-366-0994

...for quality, personalized financial guidance for individuals and businesses. Dan can do your basic tax management and accounting or help with more in-depth services such as audits, financial statements and financial planning.



ICE CREAM SOCIAL

Ice Cream Social
and
Outdoor Concert
September 17
1:00 pm- 3:00 pm

The center will be having an Outdoor Concert/Ice Cream Social on 9/17 from 1-3. We will be **entertained by Bo Obney** and **treated to ice cream by Canterbury**. Please bring your own chairs or blankets to sit on the lawn.

Multi-Family YARD SALE

August 1st

at the Senior Center from 9-4.

Lots of items to include books, puzzles, fishing poles and household items. Something for everyone.

Call 503-369-6382

if you require more information

Total meals for fiscal year 2019-2020
is 14,248.



August 2020 Menu



3 Tater Tot Casserole Veggie Salad	4 Cabbage Roll Casserole Bread Fruit	5 Tuna Melt Chips Fruit Salad	6 Spaghetti W/ Meat Sauce Salad Garlic Bread	7 Hamburger on a bun Fries Potato Salad
10 BBQ Chicken Pasta Veggie salad Chips	11 Polish Sausage Sauer Kraut Mac Salad	12 Tamale Pie Mexican Rice Tortilla Chips Salsa / Sourcream	13 Pot Roast Potatoes & carrots Salad Biscuit	14 Porcupine meatballs Baked Potato Pea Salad
17 Chef Salad W/ all the fixins Bread Sticks	18 Patty Melt Cucumber Salad Chips	19 Baked Fish W/salsa, Tartar & Lemon Potato Melba	20 Herb encrusted Pork Loin Au gratin Potatoes Veggie	21 Chicken Burger Fench Fries Broccoli Salad
24 Meat Loaf Mashed Potato Vegetables Salad Roll	25 Shepherds Pie Biscuit Green Salad	26 Chicken enchilada's Refried Beans Chips Tossed Salad	27 Chicken and Rice Casserole Roll	28 Salmon Baked Loaf Potatoes Coleslaw
31 Chicken Fried Steak Mashed Potatoes Veggies	1 Roasted Chicken Roasted Reds Roasted Chicken Roll	2 Porkchops Smothered in Mushroom Gravy Mashed Potatoes Veggies	3 BLT German Coleslaw Chips	4 Crispy Chicken Salad Cheese Biscuit

Rainier Senior Center Lunch Menu

503-556-3889

www.RainierSeniors.com

Call in and carry-out orders need to be in no later than 9:00 am.

Menu is subject to change without notice. \$5 for over 60 and \$7 all TO GO ORDERS \$1 more.

Need a Lifeline?

Oregon Lifeline has a program that will provide a discount for phone and internet service.

For a list of participating companies and an application visit: www.lifeline.oregon.gov. Also Access Wireless is offering free unlimited voice minutes and unlimited data for 6 months.

For information on this program visit:

<https://www.oregon.gov/ouc/Pages/Free-Service.aspx>.

Or call 503-378-6211 if you have any questions or concerns.

Community Action Team has funds available to support households that have been impacted by COVID-19 by providing assistance for rent and/or utilities.

Please call 503-397-3511 to find if you qualify.

Also available is their website: www.cat-team.org.



**UNDERSTANDING
MY MEDICARE**



Beth Moffett

Licensed Broker

Phone: 503.987.1113

Toll-Free: 1.800.424.1199

Fax: 503.987.1769

P.O. Box 859

Scappoose, OR 97056

beth@understandingmymedicare.com

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Become a Member of Rainier Senior Center



Want to get in on the fun? Want to meet other seniors? Join us for the events, activities, and just plain conversation.

ONLY \$15 per year

Sign up today and begin receiving our newsletter so you can plan to join us..



P O Box 216, Clatskanie, OR 97016

503-728-2163

Open Monday through Thursday

7 am-5:30 pm

Start Eating Your Spinach Now!!

On September 25th

from 1pm -7pm

the Red Cross is scheduled into the center. You can sign up through the Red Cross website or call Judy Lepin at 503-556-2718.

A bonus! The Red Cross is testing for COVID-19

Welcome to AmazonSmile!

**Thank you for supporting
Rainier Senior Citizens Inc.**

Remember, always start at

smile.amazon.com

and Amazon will donate
0.5% of the price of your eligible
AmazonSmile purchases
to Rainier Senior center, Inc

See your AmazonSmile impact
Get donation information and learn about
your charity

We Serve
Meals On Wheels
so no senior goes hungry.





Happy Birthday to our August Birthday Members

Birthday Flower: Poppy Birthstone: Peridot

If your birthday is not listed or wrong, please contact the reception desk.

8/2 Claudia Brown
8/5 Rita Brady
8/6 Ellen Wyatt
8/10 V. Rochelle Pierce
8/11 Jeanean Hayslip
8/13 Donna Miller
8/15 Margene Hill
8/17 Jan Rich

8/17 Jo Williamson
8/17 Joyce Dolph
8/18 Hank Anderson
8/22 Melvin Brady
8/25 Martha Morton
8/29 Keith Ekstrom
8/31 Kathy Richardson

**Please Register your rewards program to designate the
Rainier Senior Center as the non-profit**



**Help Our
Senior Center
Earn Money!**

Register Today!

**We received \$69.62 for
4th Quarter from 48 families!**

**Check to make sure your
rewards card is connected
to the center.**

Look at example →



The Rainier Senior Center can earn money from Fred Meyer by anyone who shops there and signs up for the Community Rewards Program.

Link your card to:

Rainier Senior Citizens

- or use our non-profit number **AH614******.

**You still get your reward points, fuel
points and rebates just the same!**

**August Board Meeting Thursday August 20 at 11 a.m.
Membership Meeting October 28**

The center will be holding a Membership meeting on 10/28. **In order to vote at this meeting you must be a member in good standing no later than 9/28.** Included with this newsletter is a Notification of Intent to run for a position on the board. All positions are open. This includes President, Vice President, Secretary, Treasurer and three At Large. You may drop off your Notification of Intent at the center. A list of nominees will be in our October newsletter.

Voting ballots will be sent out with the October newsletter and be available at the Members meeting. Ballots will only be accepted until noon on the 28th of October.

Rainier Senior Center Supporters

B Street Coffee

Canterbury Inn

Canterbury Gardens

Columbia River PUD

Columbia Carpet One

Costco

Country Financial

Dutch Bros

El Tapatio

Hometown Pizza

Kaiser Permanente

Kerby's Fish & Chips

Means Nursery

Ol' Pastime Tavern

Outpost 30

Rainier Chevron Food Mart

Rainier True Value

Red Lobster

Sound Authority

Teri's Restaurant

The Cornerstone Cafe

Triangle Bowl

Cap "N' Yoby

City of Rainier

Columbia Food Bank

Deer Island Grange

Delaware Plaza

Eagles

Foster Farms

Fred Meyer

Guadalajara

InRoads

Miracle Ear

Monarca mexican

Nys Tree Farm

Napa Auto

Rainier Hstorical Museum

Rainier Liquor Store

Rainier Subway

The Dog Zone

United Way

US Gypsum

Vernie's Pizza



"A Great Place...For Great People"

Rainier Senior Center

48 West 7th Street

Rainier, OR 97048