

## Riverside Review

Volume 2020

Issue 8

August 2020

Phone: 503-556-3889

Web: RainierSeniors.com

48 W 7th Street, Rainier, OR 97048
E-mail: RainierSeniorC@gmail.com

Board Members

Jan Rich. Pres.
Carla Bodenhamer, V Pres.
Keith Ekstrom, Sec.
Rachel Kelley, Treasurer
At Large: Clint Kelley, Barbara
Foster, and Sue Beavers
Newsletter Editor: Beth Bailey



Thank you to all who have supported your center during this time. We have received an abundance of donations in the form of money and bottles/cans.

Believe me, all is appreciated. We would also like to thank the volunteers who take all the bottles to the drop site and help out at the center.



#### Got a Green Thumb?

The center is looking for volunteers to "adopt a plot"! No, not a burial site but an outside area at the center to maintain.

You would be responsible for the upkeep of the area you adopt. There are 12 areas left to adopt.

The Center has any equipment you may need to do a good job.

Have FUN with your area.

For more information contact
Rachel at 503-369-6382.

Volunteer for July and August: Barbara Foster

Thanks for all you do for the center. Your work has been deeply appreciated.

Congratulations,

Barbara





Judy Brown, RSVP Princess for 2020, riding in the Rainier Days in the Park parade.



Support the Senior Center by donating time, money, or Returnable cans/bottles "Every little bit helps!"

Hours
Rainier Senior Center Hours
9:30 am to 2:30 pm
Monday through Friday

## Electric Bills will have New Look Starting in September

When you open your September bill from Columbia River PUD, you will notice a new look. The PUD is changing its billing and software system, which includes changing the way the bill looks. Your electric service will continue as it always has while the billing statement gets a makeover. There are two changes that may require your attention once the PUD's system goes live on September 8:



- If you currently pay your bill automatically each month with a debit or credit card, you will need to re-enroll in the PUD's Auto Pay program.
- If you make recurring donations to GLOW, you will need to re-establish that donation.

To convert all of its data to the new system, the PUD needs a "Dead Week." The PUD will not be able to process payments from August31 through September 7. Payments made during this time will be applied beginning September8.

You also might notice a new line item on your bill called "Demand Charge." There is no charge associated with this line item at this time. The Demand Charge will be explained in greater detail in coming months.

Michelle Moore with Columbia City Benefits
Group (Medicare Agent) Has Retired
Michael Leipzig
from Schultz Financial Services
has replaced Michelle Moore

If you have any Medicare or retirement questions, contact Schultz Financial Services at:
503-543-3844 or visit their website:
www.schultzfs.com



Daniel Garrison, CPA, 2114 Columbia Blvd, St Helens, OR 97051 Email: dan@drgtax.com 503-366-0994

...for quality, personalized financial guidance for individuals and businesses. Dan can do your basic tax management and accounting or help with more in-depth services such as audits, financial statements and financial planning.



Ice Cream Social and Outdoor Concert September 17 1:00 pm- 3:00 pm

The center will be having an Outdoor Concert/Ice Cream Social on 9/17 from 1-3. We will be entertained by Bo Obney and treated to ice cream by Canterbury. Please bring your own chairs or blankets to sit on the lawn.

# Multi-Family YARD SALE August 1st

at the Senior Center from 9-4.

Lots of items to include books, puzzles, fishing poles and household items. Something for everyone.

Call 503-369-6382 if you require more information

Total meals for fiscal year 2019-2020 is 14,248.



# August 2020 Menu



3	4	5	6	7
Tater Tot Casserole Veggie Salad	Cabbage Roll Casserole Bread Fruit	Tuna Melt Chips Fruit Salad	Spaghetti W/ Meat Sauce Salad Garlic Bread	Hamburger on a bun Fries Potato Salad
10	11	12	13	14
	Polish Sausage Sauer Kraut Mac Salad	Tamale Pie Mexican Rice Tortilla Chips Salsa / Sourcream	Pot Roast Potatoes & carrots Salad Biscuit	Porcupine meatballs Baked Potato Pea Salad
17	18	19	20	21
Chef Salad W/ all the fixins Bread Sticks	Patty Melt Cucumber Salad Chips	Baked Fish W/salsa, Tartar & Lemon Potato Melba	Herb encrusted Pork Loin Augratin Potatoes Veggie	Chicken Burger Fench Fries Broccoli Salad
24	25	26	27	28 Salmon
Meat Loaf Mashed Potato Vegetables Salad Roll	Shepherds Pie Biscuit Green Salad	Chicken enchilada's Refried Beans Chips Tossed Salad	Chicken and Rice Casserole Roll	Loaf Baked Potatoes Coleslaw
31	1	2	3	4
Chicken Fried Steak Mashed Potatoes Veggies	Roasted Chicken Roasted Reds Roasted Chicken Roll	Porkchops Smothered in Mushroom Gravy Mashed Potatoes Veggies	BLT German Coleslaw Chips	Crispy Chicken Salad Cheese Biscuit

Rainier Senior Center Lunch Menu

503-556-3889

www.RainierSeniors.com

Call in and carry-out orders need to be in no later than 9:00 am.

Menu is subject to change without notice. \$5 for over 60 and \$7all TO GO ORDERS \$1 more.

#### Need a Lifeline?

# Oregon Lifeline has a program that will provide a discount for phone and internet service.

For a list of participating companies and an application visit: www.lifeline.oregon.gov. Also Access Wireless is offering free unlimited voice minutes and unlimited data for 6 months

For information on this program visit: https://www.oregon.gove/ouc/Pages/Free-Service.aspx.
Or call 503-378-6211 if you have any questions or concerns.

Community Action Team has funds available to support households that have been impacted by CO-VID-19 by providing assistance for rent and/or utilities.

Please call 503-397-3511 to find if you qualify. Also available is their website: www.cat-team.org.



#### **Beth Moffett**

Licensed Broker

Phone: 503.987.1113
Toll-Free: 1.800.424.1199 
Fax: 503.987.1769
P.O. Box 859
Scappoose, OR 97056
beth@understandingmymedicare.com

www.UnderstandingMyMedicare.com

#### Become a Member of Rainier Senior Center



Want to get in on the fun? Want to meet other seniors? Join us for the events, activities, and just plain conversation.

### **ONLY \$15 per year**

Sign up today and begin receiving our newsletter so you can plan to join us..



P O Box 216, Clatskanie, OR 97016 503-728-2163 Open Monday through Thursday 7 am-5:30 pm

## **Start Eating Your Spinach Now!!**

# On September 25th from 1pm -7pm

the Red Cross is scheduled into the center. You can sign up through the Red Cross website or call Judy Lepin at 503-556-2718.

A bonus! The Red Cross is testing for COVID-19

#### Welcome to AmazonSmile!

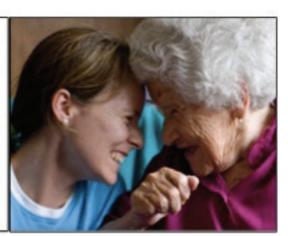
Thank you for supporting Rainier Senior Citizens Inc.

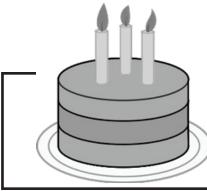
Remember, always start at smile.amazon.com

and Amazon will donate
0.5% of the price of your eligible
AmazonSmile purchases
to Rainier Senior center, Inc

See your AmazonSmile impact
Get donation information and learn about
your charity







# Happy Birthday to our August Birthday Members

## Birthday Flower: Poppy Birthstone: Peridot

If your birthday is not listed or wrong, please contact the reception desk.

8/2	Claudia Brown	8/17	Jo Williamson
8/5	Rita Brady	8/17	Joyce Dolph
8/6	Ellen Wyatt	8/18	Hank Anderson
8/10	V. Rochelle Pierce	8/22	Melvin Brady
8/11	Jeanean Hayslip	8/25	Martha Morton
8/13	Donna Miller	8/29	Keith Ekstrom
8/15	Margene Hill	8/31	Kathy Richardson
8/17	Jan Rich		

# Please Register your rewards program to designate the Rainier Senior Center as the non-profit



Help Our Senior Center Earn Money!

### **Register Today!**

We received \$69.62 for 4th Quarter from 48 families Check to make sure your rewards card is connected to the center.

Look at example  $\rightarrow$ 



YOU FOR CHOOSING FREDDY'S!

The Rainier Senior Center can earn money from Fred Meyer by anyone who shops there and signs up for the Community Rewards Program.

Link your card to:

#### Rainier Senior Citizens

or use our non-profit number AH614\*\*\*\*.

You still get your reward points, fuel points and rebates just the same!

# August Board Meeting Thursday August 20 at 11 a.m. Membership Meeting October 28

The center will be holding a Membership meeting on 10/28. In order to vote at this meeting you must be a member in good standing no later than 9/28. Included with this newsletter is a Notification of Intent to run for a position on the board. All positions are open. This includes President, Vice President, Secretary, Treasurer and three At Large. You may drop off your Notification of Intent at the center. A list of nominees will be in our October newsletter.

Voting ballots will be sent out with the October newsletter and be available at the Members meeting.

Ballots will only be accepted until noon on the 28th of October.

### **Rainier Senior Center Supporters**

B Street Coffee Canterbury Inn

Canterbury Gardens
Columbia River PUD
Columbia Carpet One

Costco

**Country Financial** 

Dutch Bros El Tapatio

Hometown Pizza Kaiser Permanente Kerby's Fish & Chips

Means Nursery

Ol' Pastime Tavern

Outpost 30

**Rainier Chevron Food Mart** 

**Rainier True Value** 

**Red Lobster** 

Sound Authority Teri's Restaurant

**The Cornerstone Cafe** 

**Triangle Bowl** 

Cap "N' Yoby City of Rainier

Columbia Food Bank Deer Island Grange

**Delaware Plaza** 

**Eagles** 

Foster Farms Fred Meyer Guadalajara InRoads

Miracle Ear

Monarca mexican
Nys Tree Farm

Napa Auto

**Rainier Hstorical Museum** 

Rainier Liquor Store

Rainier Subway
The Dog Zone
United Way
US Gypsum
Vernie's Pizza



"A Great Place...For Great People"

Rainier Senior Center 48 West 7th Street Rainier, OR 97048